Lothian Referral Pathway for Out of Hours GP to Hospital at Home

This process has been arranged to allow GP Out of Hours (OOH) services to refer patients with probable COVID-19 to their local Hospital at Home (H@H) team. Prior to this GP referrals to H@H had been restricted to patients known to the team presenting with the same condition and there had been no process for these referrals to be made overnight. To begin with, we are restricting these referrals to Care Home patients only but we will review this regularly and may change these criteria in due course.

It is hoped that this will allow the delivery of supportive care for patients with probable COVID-19 to be carried out in their care homes, including the provision of oxygen.

It should be noted that there is currently no H@H service in West Lothian at weekends. Any patients referred in WL after Friday at 6pm will need to be stable enough to await review on Monday; if this is not the case admission should be considered and H@H can support discharge as appropriate.
Lothian Referral Pathway for Out of Hours GP to Hospital at Home

**REFFERAL CRITERIA:**
- Care Home resident
- Probably COVID-19 (including atypical presentations, such as GI symptoms or delirium)
- Patient likely to benefit from supportive care interventions such as, Oxygen or Parenteral fluids
- After discussion with patient & NOK patient is not for escalation to Hospital

**MINIMUM INFORMATION FOR TELEPHONE REFERRAL:**
- Name
- CHI
- Details for NOK
- Clinical presentation
- Any medication changes made by OOH (including stat doses given)
- Expectation of H@H input (including interventions such as IV fluids etc)
- Escalation status

**OOH GP sees patient that meets criteria for referral to H@H for ongoing care**

Please consider:
- OOH to provide Oxygen concentrator if required
- Providing ACP meds if deterioration is likely
- Please update NOK with plans prior to referral

**Call Flow Centre on 0131 446 4500**
Option 1 then 4
They will take details* and add to expected list for local H@H team

**H@H will carry out the following:**
- Check expected patient list daily before 9am
- If new referral, liaise with CH regarding appropriate timescale for review & review patient as needed
- If OOH have supplied oxygen this will be reviewed, prescribed and concentrators switched with OOH machine returned to base for collection
- Discuss with ‘weekend referrals’ consultant after review
- Email patient’s own GP to highlight admission

**Ongoing H@H input and management in usual manner**

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**Ongoing H@H input and management in usual manner**

**MON – SUN 6pm – 12 midnight**
- Call Flow Centre on 0131 446 4500
  Option 1 then 4
  They will take details* and add to expected list for local H@H team

**MON – SUN 12 midnight – 8am**
- Call LUCS Hub within Flow Centre.
  They will take details* in Adastra as planned review, this will then be added to H@H expected lists at 8am daily

**OOH team will leave H@H contact details with CH staff**
H@H can contact Prof-to-prof line if acute deterioration and need for ACP medications

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