Western General Hospital
Medicine for the Elderly Outpatient Clinics

Services

<table>
<thead>
<tr>
<th>Medicine for the Elderly <em>(including rapid access appointments)</em></th>
</tr>
</thead>
<tbody>
<tr>
<td>Parkinson’s clinics</td>
</tr>
<tr>
<td>Stroke and Cerebrovascular</td>
</tr>
<tr>
<td>Dizziness and Falls</td>
</tr>
</tbody>
</table>

Available Resources:

| Radiology including ultrasound, MRI, CT                      |
| ECG, echocardiography, 24 hour ambulatory ECG                |
| Pulmonary function testing                                   |
| Endoscopy                                                    |

Consultants
Dr Elizabeth C Keane (MoE & Parkinson’s)
Dr Sarah L Keir (MoE and Stroke)
Dr Conor PJ Maguire (MoE & Parkinson’s)

Speciality Doctor
Dr Inas Saad (Dizziness)

Who to refer
- Patients aged over 65 years with complex comorbidity
- Unexplained falls
- Possible Parkinson’s or other movement disorders, e.g. tremor. Please refer untreated (Dr Keane / Dr Maguire)
- Patients of all ages with post-acute stroke problems or cerebral small vessel disease (Dr Keir)
- Non-specific or unexplained symptoms e.g. syncope, dizziness, breathlessness, weight loss, anaemia
- Review of complex polypharmacy

Who not to refer
- Patients under 65 years (unless suspected Parkinson’s – Dr Maguire will see)
- Single organ pathology in an otherwise fit older person (please refer to appropriate specialty)
- Acute stroke or TIA (refer to Neurovascular clinic)
- Patients requiring full functional and multidisciplinary assessment (please refer to ARC)
- Memory Clinic patients: Should be referred to the MATS Service (Memory Assessment and Treatment Service in Psychiatry of Old Age)

How to refer:

Routine referrals
- SCI Gateway

Urgent referrals
- SCI Gateway
- For advice or discussion about urgent or rapid access referrals, please contact the Consultant on call for MoE at WGH:
  - Geriatric Medicine Advice Hotline: 0131 465 9107 (08.30 - 16.30 M - F)
  - Consultant on call for WGH MoE: 07815 493034
  - Email: geriatricmed.north@nhslothian.scot.nhs.uk