Bladder and Bowel Pathway for School Age Children & Young People

Child presents to a health care professional with continence need

GP completes history taking and physical examinations as indicated

Definite Diagnosis

Idiopathic constipation

If impacted treat and review weekly until disimpacted

Implement Programme of Constipation Management (See Lothian Idiopathic Constipation guideline)

Diagnosis not clear

Refer as indicated to specialist services e.g. Paediatric Urology/GI/Neurology or CAMHS

Urinary Incontinence (Exclude Constipation as a cause)

Mainstream School Age (P1-S6) School Nurse

HV if Pre-school

Learning Disability CLDN/HV

Complete Continence assessment incorporating 3 system approaches*
If medication indicated, ask GP to prescribe and provide ongoing review of medication

Education
Support
Simple Behavioural Intervention

Effective

No

Allow time for maturation and continued adherence to Treatment plans and reassess in 6 months

Yes

Discharge

*3 System Approach: bladder over activity, lack of vasopressin and lack of arousability - helping to formulate an appropriate treatment plan