NHS Lothian

Ref Help Guidelines
Visible Haematuria

Patient Presentation

- Visible haematuria of any duration
- Recurrent visible haematuria >6m after normal investigations

Assessment

Consider if the patient has
- Loin pain (see RefHelp Loin Pain page)
- Symptoms of UTI
- History of renal calculi
- Bladder or abdominal pain
- Unexplained weight loss
- Pyrexia

Examination
- Determine if abdominal or loin mass
- Examine external genitalia
- Consider prostate cancer in men aged >50 or >45 with risk factors **(Exclude UTI first if PSA is to be done)** See RefHelp page on PSA

Please check
- MSU before referral

Symptoms of UTI
OR
Positive MSU

Treat for UTI empirically or based on sensitivities

Refer if:

- Visible haematuria recurs/persists after treatment (any age of patient)

Refer to Urology as Urgent Suspected Cancer

Asymptomatic
AND
Negative MSU

If ≥45, even a single episode, Refer to Urology as Urgent Suspected Cancer

If <45 and more than one episode - Refer to Urology as Urgent Suspected Cancer

If <45 and one episode **refer as urgent** (if subsequent episodes upgrade to USOC)

Do not request imaging