Scanning for Cancer

Latest insights and results

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Introduction

- GP direct referrals for CT whole body introduced in 2019 after pilot
- Pilot pickup rate of 24%
- Annually increasing demands on radiology services
- Incidental findings requiring follow up
- Realistic medicine



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GP Access to CT for Suspected Cancer (No Clinically Obvious Primary)

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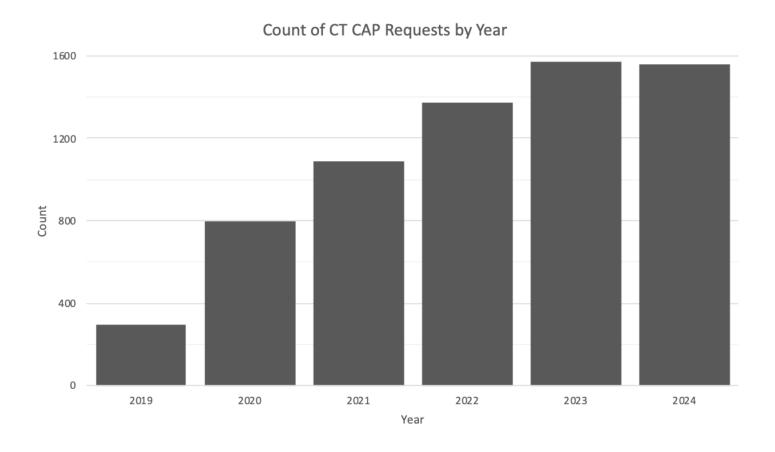
This pathway has been based on the principles outlined in the document Quality Imaging Services for Primary Care: A Good Practice Guide (2012).

This service is for patients with symptoms suggestive of cancer, and no specific localising signs or symptoms to suggest a specific underlying primary.

The pathway allows GPs to refer directly for CT scan of the chest / abdomen / pelvis for those with non-specific features suggestive for malignancy. Previously, this group of patients would usually have been referred to a secondary care specialty, and only then subsequently have had cross-sectional imaging arranged. This fast-track service can enable more rapid and appropriate specialist referral, or other management where indicated.

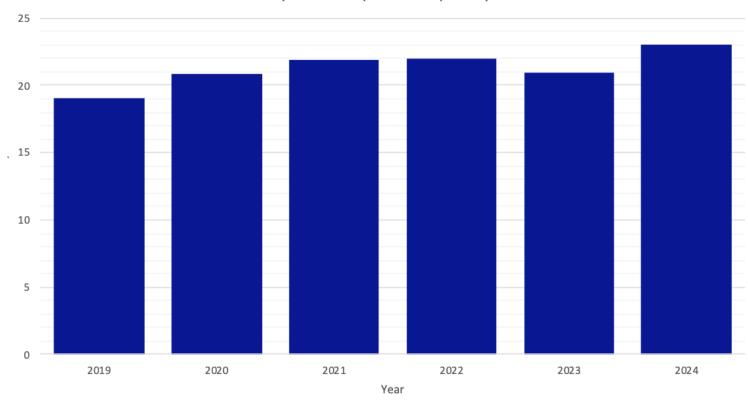
This service was set up after an NHS Lothian pilot demonstrated a very appropriate use of the service. A power point with details of this pilot can be accessed here. &

Some numbers...



Some numbers...





Our Audit

Three main questions

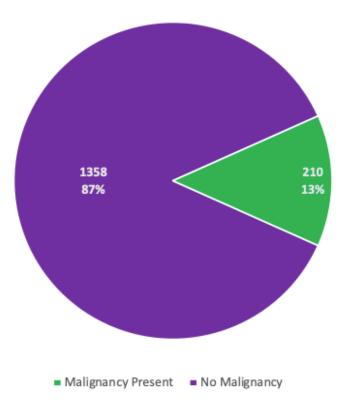
- 1. Was a malignancy identified?
- 2. Was there incidental finding which required further work-up?
- 3. Were the criteria satisfied for an USOC CT CAP referral in each case?

Further questions

- 1. What were the organ(s) of primary malignancy
- 2. Where did the burden of follow-up for incidental findings fall?

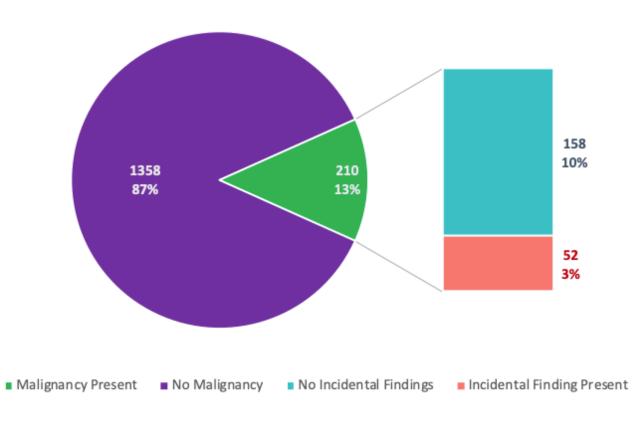
Malignancy – Detection Rate





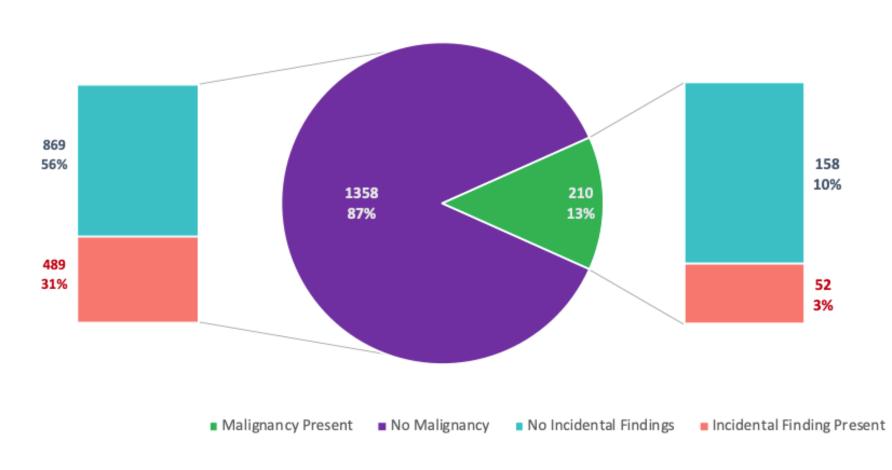
Malignancy – Incidental findings

Breakdown of Malignancy ± Incidental Findings 2023 n=1568

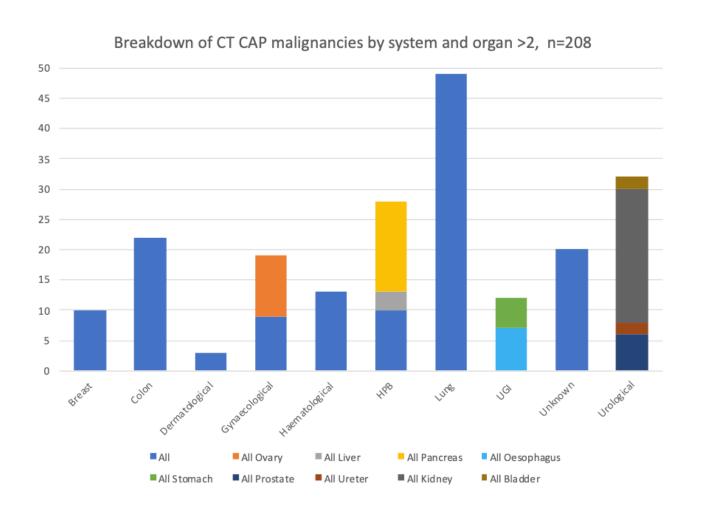


Malignancy – Incidental findings

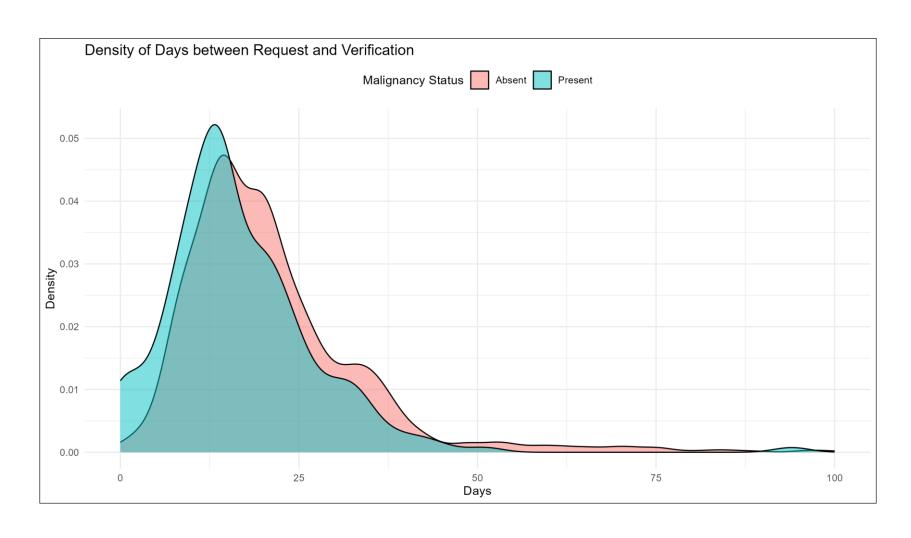
Breakdown of Malignancy ± Incidental Findings 2023 n=1568



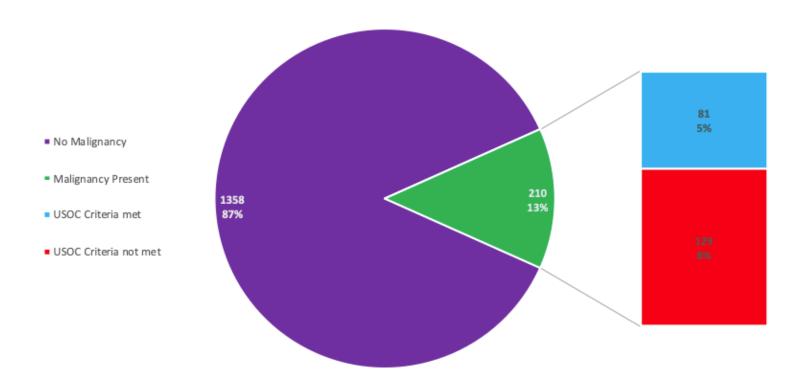
Malignancy – breakdown by system/organ



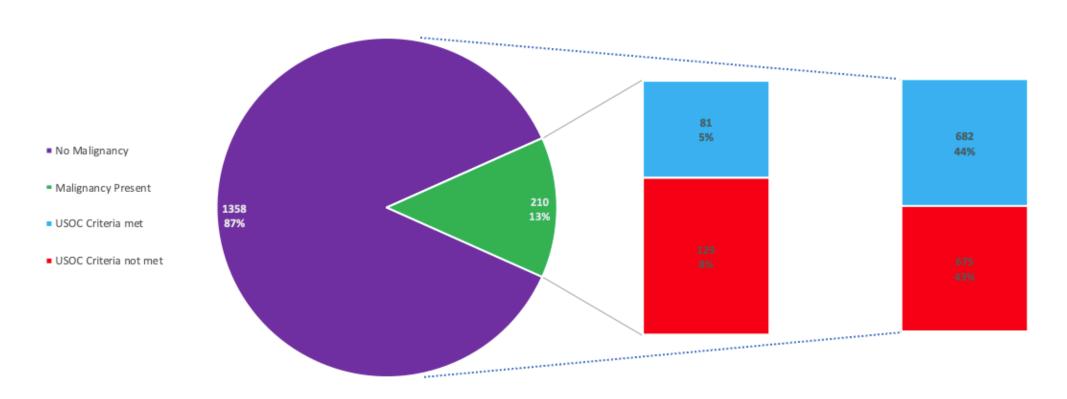
Malignancy – request-to-report days



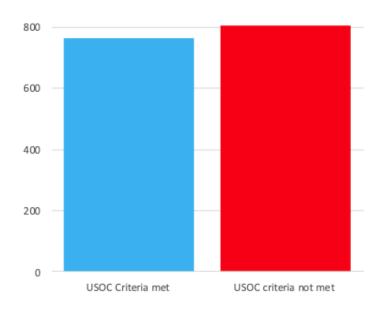
Breakdown of Malignancy by USOC Criteria 2023 n=1568



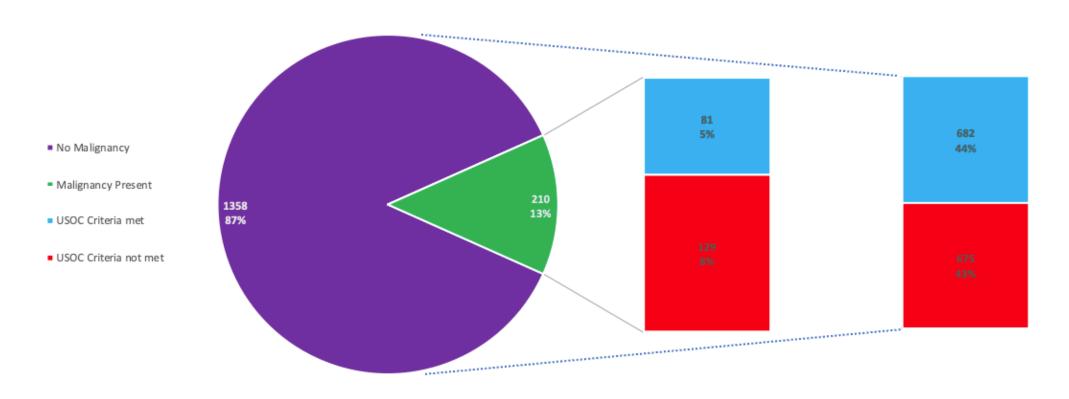
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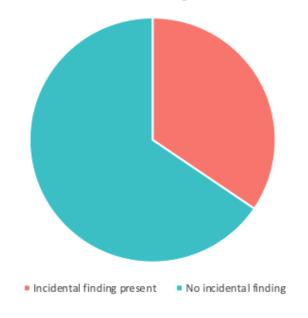


Breakdown of Malignancy by USOC Criteria 2023 n=1568

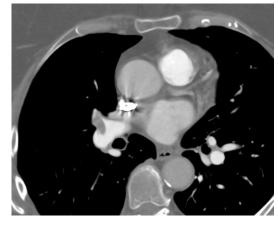


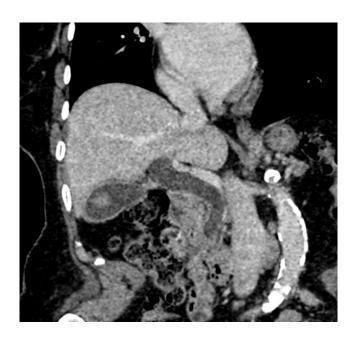
Incidental Findings



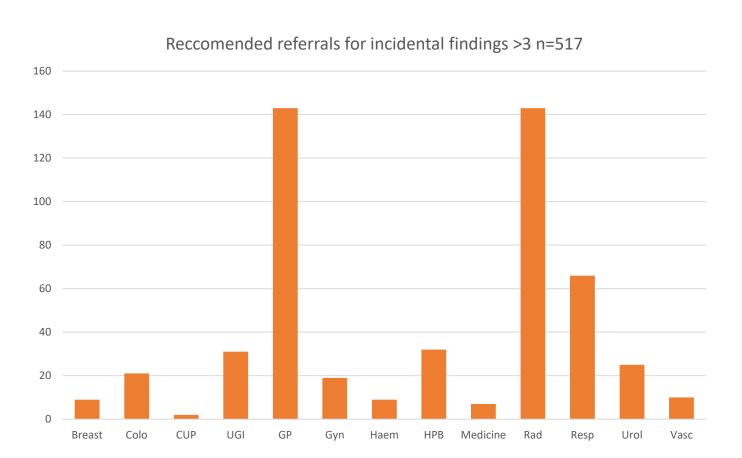








Incidental findings – who follows up?



What can we conclude?

The pickup rate for a new likely malignancy was 13.4%

The proportion of scans with incidental findings, requiring further follow-up, was **34.5**%

Largest burden of these follow-ups fell to General Practice (28%) and Radiology (28%)

The proportion of scans which met the USOC criteria was only 48.6%

• However, USOC criteria (10% weight loss) are not particularly predictive of malignancy