

How to care for your wound during the COVID-19 outbreak

<p>WRITE OR ATTACH LABEL</p> <p>Surname CHI No:</p> <p>Forenames Sex: M / F</p> <p>D o B</p> <p>Location.....</p>	<p style="text-align: center;">Community Nursing Team details</p> <p>Name of Team:.....</p> <p>Address:</p> <p>.....</p> <p>Phone Number:</p>
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Dear,

Due to the current situation with COVID-19 your safety is of utmost importance. Across NHS Lothian we are looking at ways to support as many patients as possible with the changing staffing resources and to protect you and your family or carers.

You or your family member/carer are being approached to see if you are able to support us during this time with shared management of wound care. Visits to review your wound and change dressings will not necessarily stop completely but you or a family member/carer would be asked to change your own dressing in between nursing visits.

Patient involvement in wound care is not new and many people already change dressings between visits from a Community team or visiting their Practice nurse. However this needs to be extended at present in order to manage the service and still see as many patients as possible.

To ensure that you are safely able to look after your wound you will be provided with:

- Education and a Wound Care Plan about how to change your dressing
- Dressings, gloves and other equipment that you may require
- 'How to care for your wound' step-by-step instructions
- Patient Wound Care Record to write down what your wound looks like and any concerns for the next visit/phone call
- Contact details of who and when to contact staff for support and advice.

We appreciate your support at this challenging time when our resources are in higher demand.

If you have any questions please contact us on the number at the top of the letter.

Thank you,

..... Community Nursing Team