

Leg Ulcer Management and Resources - COVID-19 support

1. Compression Therapy

It is important to continue applying compression therapy, if at all possible, during this time to prevent leg ulcer breakdown and support healing.

If visits have to be reduced due to COVID-19 restrictions and/or staffing levels please consider swapping bandaging to:

- Leg ulcer hosiery kits
- Compression hosiery
- Compression wraps

As a last option if a family member/carer can be taught figure of 8 leg bandaging with K-Lite or Crepe then this could be undertaken at dressing changes until compression therapy can be reapplied to hold dressings in place securely.

Compression bandaging videos to support practice (for staff with competency)

[How to apply a four layer bandage system](#)

[How to apply Coban 2 layer bandaging](#)

[How to apply Actico short stretch bandaging](#)

2. Compression Leg Ulcer Kits and Hosiery Links:

L&R: [Quick Links webpage](#)

[Activa Leg Ulcer Hosiery kits](#)

[Hosiery/Actilymph/Made to measure](#)

[Sizing guide](#)

Medi: [Compression hosiery](#)

3. Compression Wraps Links:

Jobst: [FarrowWrap](#)

[Applying FarrowWrap Foot piece](#) Video

[Applying FarrowWrap Leg piece](#) Video

[Applying Farrowwrap Knee piece](#) Video (only required for full leg compression)

Medi: [JuxtaCures](#)

L&R: [ReadyWrap](#)

Haddenham: [Easywrap](#) (Main website) [Patient & info site](#)

All items are available via prescription and some items can be delivered direct to a patient's home (See individual company information for direct delivery options)

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4. Basic leg management/ carer involvement

- Follow the '[Patient with a leg ulcer/wound to lower leg admitted to hospital with or without compression bandage therapy](#)' information to guide through basic leg care.
- If legs are heavily exuding consider protecting peri wound skin by applying Cavilon Spray and Tips 3, 4 & 5 of '[Top Tips for reducing wound care visit time](#)'
- [How to apply a figure of eight bandage](#) - video

5. Product support available from each company either by phone or video

Products	Company	Contact Details
Actico short stretch bandage Activa/Actilymph hosiery ReadyWrap	L&R*	Alison McKelvie Mobile: 07977170799 Alison.McKelvie@uk.LRMed.com Website: L&R Healthcare
Coban 2 and Coban 2 Lite	3M	Jacqueline Guest 3M Mobile: 07836 523720 jguest@mmm.com Janey Feathers Mobile: 07863934462 jfeathers@mmm.com Website: 3M compression www.3Mlearning.co.uk
Easywrap,	Haddenham Healthcare	Rob Ashfield Mobile: 07876 896273 robashfield@hadhealth.com Website: www.hadhealth.com
Jobst Hosiery and FarrowWraps	Essity*	Ailsa Johnston Tel: 01482 670100 Mobile: 07769 887619 Ailsa.johnstone@essity.com Website: www.bsnmedical.co.uk
Juxtacure, Mediven, Duomed etc.	Medi UK	Audrey Gillies Mobile: 07469 859003 Audrey.gillies@mediuk.co.uk Cathleen Marini 07733 318400 Cathleen.marini@mediuk.co.uk Website: Medi UK compression