

# Sexual Health – STI and HIV

## What to refer and How

What should always be sent to us?

**Gonorrhoea**  
**Syphilis**  
**HIV** – symptoms or new diagnosis  
 Unusual or single **Ulcers**  
 atypical **Genital Warts**  
**PrEP** and **PEPSE**

see pathways for more info

What perhaps should to come to us?

Pelvic pain with high risk of gonorrhoea infection  
 Severe or frequently recurrent genital herpes  
 Treatment resistant genital warts  
 Recurrent or persistent male urethral discharge

see pathways for more info

What should usually be managed in general practice?

**STI testing**  
 First presentation **Genital Warts**  
**Vaginal discharge**  
**Chlamydia** treatment

see pathways for more info

**Immediate? - Pain**

Send the patient to Chalmers Walk-in  
 Call us first and/or refer via SCI Gateway if you can  
 Monday to Friday 8.30-10.00  
 Triage for emergencies is available whenever we are open  
 Emergency Departments (A+E units) RIE, WGH, St Johns will provide PEPSE out-of-hours

**Urgent? Symptoms, Pregnant**

Call us at Chalmers  
 Call the Medical hub – GUM and SRH seniors 0131 536 1585  
 LSRHS Main number (all clinics): 0131 536 1070 – all day cover.  
 Clinicians ONLY can Press 9 to bypass the queue  
 Health advisers – for partner notification (contact tracing) for STIs diagnosed in the community 0131 536 2108  
 HIV Nurse Specialists: advice on existing HIV patients, transfer of care, new diagnoses who are asymptomatic

**Not sure? Call or email**

**Email or referral letter**  
 Chalmers email advice line – 48 hour turnaround for queries (From Health Care Professionals only. Direct enquiries from public and patients cannot be answered – sorry)  
[Chalmers.ClinicalAdv@nhslothian.scot.nhs.uk](mailto:Chalmers.ClinicalAdv@nhslothian.scot.nhs.uk)  
 Referral by letter or SCI Gateway: drop down 'Sexual and Reproductive Health and GU Medicine' for all conditions including for HIV new diagnosis and transfer of care

**Routine?**

Our services:  
**Chalmers Centre , Edinburgh**  
 Mon-Thurs 08.30-19.00  
 Fri 08.30-16.30  
**Howden Health Centre**  
 Tuesday, Thursday, Friday  
 Local Clinics at 10 sites across the Lothians: See [www.LothianSexualHealth.scot.nhs.uk/Services/LocalSexualHealthClinics](http://www.LothianSexualHealth.scot.nhs.uk/Services/LocalSexualHealthClinics)

