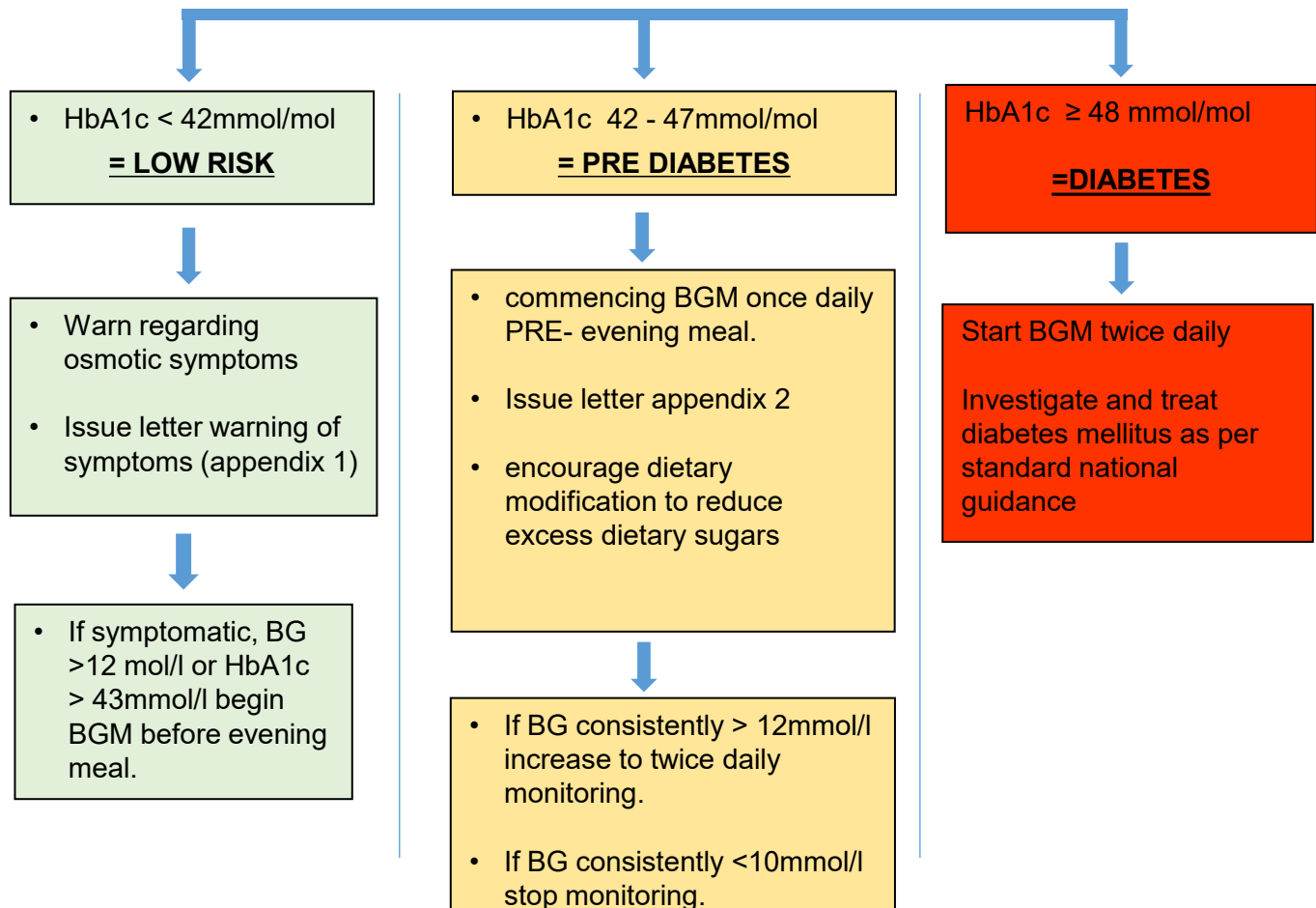


RECOMMENDATIONS FOR SCREENING AND MONITORING FOR STEROID INDUCED DIABETES



If BG > 12mmol/l on 3 continuous days initiate treatment as per treatment algorithm below

All hospitalised inpatients on high dose steroids should have minimum of 2xdaily blood glucose monitoring regardless of diabetes status. Treatment is identical to outpatient care.

ALL patients on high dose steroid therapy should have a 3 monthly HbA1c.

IF ALREADY KNOWN PRE-EXISTING DIABETES MELLITUS

- Type 1 Diabetes: ENSURE USING CGM (eg freestyle libre) or blood glucose monitoring 4x daily AND ADVISE TO CONTACT DIABETES NURSES TO AID TITRATION.
- Type 2 Diabetes: INITIATE BGM TWICE DAILY (BEFORE BREAKFAST BEFORE EVENING MEAL) – USE TREATMENT ALGORITHM BELOW
- Diabetes Nurses: RIE – 01312421471 SJH - 01506 523856 WGH - 0131 537 1746/3157
- Diabetes registrar can be contacted through switchboard