

Same Day Emergency Care (SDEC) DVT Pathway



Patient contacts clinician with unilateral swollen leg

Clinician assesses & queries a DVT clinically

Patients should undergo a F2F assessment – or have undergone a F2F assessment within the last 7 days regarding this issue to support referral.

In extreme circumstances the clinician may choose to ask for a Prof-to-Prof discussion to enable direct access to SDEC. i.e., Nursing home resident

Contact Flow Centre

03000 13 4000

Patient meets criteria for SDEC

Wells Score ≤ 2 on assessment

Patient requires D-Dimer & SDEC assessment

SDEC Clinician clinical discussion
required to access
immediate US Doppler

Patient meets criteria for SDEC

Wells Score > 2 on assessment

Patient requires US

Patient informed of SDEC appointment

Unless the patient attends $< 9.30\text{am}$ it is unlikely that they will get a same day US Doppler scan. This may change during the winter period but until then please advise the patient to prepare for assessment and not scan.

Flow Centre can transfer to the SDEC Consultant Phone for clinical discussion and close the call.

If appropriate the SDEC Clinician will request US and organise the appointment time – communicating this with the referring clinician.

Clinical conversation regarding anticoagulation is to be expected

DVT Protocol

Western General Hospital NHS Lothian Same Day Emergency Care (SDEC)

Service Description

To provide direct access to the Same Day Emergency Care (SDEC) pathway for patients presenting with a unilateral swollen leg which the assessing clinician feels there is need to rule out a Deep Vein Thrombosis (DVT).

Categories of patients excluded from all SDEC pathways:

- NEWS2 score > 5
- Patients < 16 years of age.
- Non-Ambulatory patients*
- Pregnant patients.
- Active Bleeding
- Any patient intoxicated due to alcohol or drugs.
- Any patient who has ingested any form of recreational drugs.
- Any patient who has taken any drug overdose.
- Any new confusion (different to baseline).
- Any Trauma

**Ambulant patients are defined as those who can transfer chair to chair without assistance, attend to their own personal care (or be accompanied by a carer), and preferably make their own way to hospital*

Operational Hours:

Appointment Availability

Mon - Fri: 9.00am – 6.00pm

Sat & Sun: Return appointments only

Clinician Availability

Mon: 8.00am - 9.30pm

Tue - Fri: 8.00am - 8.00pm

Handover: Clinician to Clinician

Situation

Background

Assessment

Recommendation

A NEWS2 score must be included as part of the handover.