

Ref Help

Right Information for the Right Care



ABOUT US

RefHelp is a local referral management website providing accurate, up-to-date guidance to support NHS Lothian Referrers. The guidance provided is designed to be readily accessible & to help Referrers - GPs, Secondary Care Clinicians, Dentists, Optometrists, Practice Nurses, and others make the best possible referrals within Lothian. RefHelp is a resource for both primary & secondary care. Our aim is to improve patient management within the community & hospital settings through ensuring the right patients are referred to the right care at the right time & those that don't need specialist input are provided with the appropriate advice to be managed successfully in the community. To know more please contact us.

CONTACT DETAILS

 <https://apps.nhslothian.scot/refhelp>

 REFHELP@nhslothian.scot.nhs.uk

 [@RefHelp_Lothian](https://twitter.com/RefHelp_Lothian)



**Nationally
Recognised**

**Evidence based
Referral Information**

**Integrated
Referrals System**

**Resource for Primary
and Secondary Care**

**Regular clinical
updates via e-bulletin**

**Suite of educational
events and resources**



RefHelp

Ref Talks

Knowledge worth sharing

RefHelp is pleased to launch REF Talks, a 3 part 60-minute webinar series providing clinical updates & essential information for Lothian GPs & primary care clinicians to benefit their own practice & patient care.

FEATURING

- Presentations by Local Specialists
- Clinical Updates & New Referral Pathways
- Platform for Informal Discussions
- Certificate for your CPD
- Practical Tips

For more details please visit [Education \(nhslothian.scot\)](https://www.nhs.uk/education).

INFORMATION ON

- Who to Refer?
- Who not to Refer?
- How to Refer?
- Primary Care Management
- Resources and Links
- Patient Information Leaflets

BENEFITS

- Instant Access to Referral guidelines
- Practical and usable information for your 10min consultations
- Appropriate Referrals
- Confident Clinical Decision Making
- Latest Clinical Updates
- Better Patient Care and Practice