

RefTweets –September 2023

Locality drug and alcohol services now have their own page on RefHelp - easy to know what local help is available for anything from advice and harm reduction or prescribing to residential care: <https://apps.nhsllothian.scot/refhelp/guidelines/alcoholanddrugmisuse/alcohol-drug-locality-services/>

New page on Harm Reduction with guidance on the multiple evidence-based approaches to reduce harm for those using drugs, details about the team, services offered and their contact information. Please see: <https://apps.nhsllothian.scot/refhelp/harm-reduction-drugs-use/>

In Primary Care, Naloxone can be issued on a standard prescription or supplied from a stock order. Some pharmacies can supply it directly. To know more about the 'Take Home Naloxone Services' please visit: <https://apps.nhsllothian.scot/refhelp/guidelines/takehomenaloxoneservices/>

Patient presenting with low risk chest pain or breathlessness which the assessing clinician feels requires hospital investigation? Please check out the Same Day Emergency Care (SDEC) Chest Pain Pathway on RefHelp: <https://apps.nhsllothian.scot/refhelp/guidelines/admissionsurgentcare/samedayemergencycaresdec/same-day-emergency-care-sdec-chest-pain-pathway/>

Same Day Emergency Care (SDEC) DVT Pathway is a direct access service for patients with a unilateral swollen leg needing to rule out a Deep Vein Thrombosis. Check out the DVT Protocol here: <https://apps.nhsllothian.scot/refhelp/guidelines/admissionsurgentcare/samedayemergencycaresdec/same-day-emergency-care-sdec-dvt-pathway/>