

RefTweets - October 2023

Same Day Emergency Care (SDEC) DVT Pathway is a direct access service for patients with a unilateral swollen leg needing to rule out a Deep Vein Thrombosis. Check out the DVT Protocol here: <https://apps.nhsllothian.scot/refhelp/guidelines/admissionsurgentcare/samedayemergencycaresdec/same-day-emergency-care-sdec-dvt-pathway/>

Check out the referral criteria, protocol and service details for the Same Day Emergency Care (SDEC) Headache Pathway: <https://apps.nhsllothian.scot/refhelp/same-day-emergency-care-sdec-headache/>

Patient presenting with chest pain and breathlessness and clinician needs to rule out Pulmonary Embolus (PE) please check the Same Day Emergency Care PE Pathway: <https://apps.nhsllothian.scot/refhelp/guidelines/admissionsurgentcare/samedayemergencycaresdec/same-day-emergency-care-sdec-pe-pathway/>

The School Nurses Contact details can be found on RefHelp's Secure Content Page here: <http://intranet.lothian.scot.nhs.uk/Directory/RefHelp/SecureContent/Pages/default.aspx>

The RefTalks 2022-23 Annual Review was done and we are pleased to see that the webinars are well appreciated and have benefitted referrers. To know the top 3 areas of impact please see the infographic here: <https://apps.nhsllothian.scot/refhelp/about-us/performance-impact/>

Referring a patient with unexplained bleeding? Please see the required primary care investigations prior to referral and guidance on who to refer, who not to refer and how to refer. <https://apps.nhsllothian.scot/refhelp/guidelines/unexplainedbleeding/>

New RefHelp page on Medical Assessment Unit - Emergency based at WGH. Info includes a really useful patient information leaflet that you can share with those who are referred to this service. To know more please see: <https://apps.nhsllothian.scot/refhelp/medical-assessment-unit-emergency-wgh/>

Please see details of Lothian's Winter Vaccine Programme for this year 2023-24 here: <https://apps.nhsllothian.scot/refhelp/guidelines/paediatric/vaccination-services/winter-vaccination-programme/>

The Haematology section on RefHelp has been recently reviewed. Check out the updated pages here: <https://apps.nhsllothian.scot/refhelp/guidelines/haematology/>

From September 2023 the non-live version of the Shingles vaccination is being used. This will require two vaccines and the age group extended to those over 60. For more details about the 2023-24 shingles vaccination programme please follow the link: <https://apps.nhsllothian.scot/refhelp/guidelines/paediatric/vaccination-services/shingles-vaccine/>

Please see referral guidelines when paraprotein is detected on immunoglobulin analysis: <https://apps.nhsllothian.scot/refhelp/guidelines/paraprotein/>

Assessing patients with recurrent Shingles and considerations of immune deficiency. For guidance on a clinical approach to evaluating see RefHelp:

<https://apps.nhslothian.scot/refhelp/guidelines/immunology/recurrent-shingles-immune-deficiency/>

The Mental Health Assessment Service (MHAS) provides care to Edinburgh patients who are acutely mentally unwell and in crisis. To know more about the service and referral guidelines please check Emergencies Mental Health (Adults) section: <https://apps.nhslothian.scot/refhelp/edinburgh-mental-health-emergencies-mhas/>

Lothian GPs can participate in the service for drug misuse treatment, which emphasises supportive care, harm reduction, Medication Assisted Treatment (MAT) for those who are stable. For detailed information please visit #RefHelp's Drug Use page:

<https://apps.nhslothian.scot/refhelp/guidelines/alcoholanddrugmisuse/drug-misuse/>

The Health Visitor, Family Nurse or Community Midwife should always be the first point of contact and support for families experiencing any feeding issues. Please see advice on issues establishing feeding here: <https://apps.nhslothian.scot/refhelp/guidelines/pregnancy/breast-feeding-problems/breastfeeding-problems-with-establishing-breastfeeding>

Functional symptoms and disorders are the second commonest reason for a neurology outpatients visit after Headache. Please see RefHelp's FND page with info on symptoms, services, referral guidelines and useful resources/links here

<https://apps.nhslothian.scot/refhelp/guidelines/neurology/functional-neurological-disorder-fnd/>

Please see new page on Breastfeeding Thrush including info on signs and symptoms in both mother and baby to help with diagnosis and helpful advice on treatment.

<https://apps.nhslothian.scot/refhelp/guidelines/pregnancy/breast-feeding-problems/breastfeeding-thrush/>