

RefTweets – June 2025

Woman Inclusive Sexual Health Extended Service (WISHES) is an accessible, non-judgemental, and holistic service for women with high and complex sexual health needs. Detailed information about the service & referral guidelines here:

<https://apps.nhsllothian.scot/refhelp/guidelines/sexualreprohealth/wishes/>

The next #RefTalks is on revolutionising Asthma management covering new AIR & MART treatment regimes, implementation, including tips on diagnosis and advice on when to refer to secondary care. Exclusive Q&A session included so hurry and register now:

<https://apps.nhsllothian.scot/refhelp/education/reftalks/>

Two new RefBites on 'Creating a RefHelp page' and 'Creating a Sci Gateway Pathway' recently published on RefHelp. Watch Here: <https://apps.nhsllothian.scot/refhelp/education/refbites-bitesize-learning/> Please do give us your valuable feedback:

<https://forms.office.com/e/v828u8zUzN>

The characteristic 'bullseye' targetoid appearance for Lyme Disease is only seen in a minority of cases & the most common skin lesion is a homogenous, expanding rash > 5cm without central clearing. Please see details for testing, treatment, referral & PIL:

<https://apps.nhsllothian.scot/refhelp/guidelines/infectiousdiseases/lyme-disease/>

Recently updated & clearly outlined referral guidelines for Infectious Diseases here:

<https://apps.nhsllothian.scot/refhelp/guidelines/infectiousdiseases/> . In particular issues relating to TB including asymptomatic contacts of those with active TB infection should be referred directly to TB specialist nurses, and not ID.

Meadows Child & Adolescent Trauma team is a small specialist service within CAMHS providing a multi-disciplinary & systemic approach to children & young people facing difficulties following experiences of specific trauma. More details here: <https://apps.nhsllothian.scot/refhelp/camhs-specialist-trauma-team-the-meadows/>

For guidance on the local referral process following animal bites and potential rabies exposure, please consult the Infectious Diseases section on RefHelp:

<https://apps.nhsllothian.scot/refhelp/guidelines/infectiousdiseases/animal-bites-and-rabies-risk/>

Please advise patients who are planning to travel to countries where rabies is a recognised risk to consider pre-exposure rabies vaccination (chargeable vaccination). They may book an appointment with the NHS Lothian Travel Clinic via:

<https://services.nhsllothian.scot/travelclinics/>