

## RefTweets - July 2024

Detailed referral flowchart for premenopausal cysts outlined here:

<https://apps.nhslothian.scot/refhelp/guidelines/gynaecology/ovarianpathology/pre-menopausal-cysts/>

The GP referral process to East Lothian CTACS for patients commencing B12 injections including full service specifications is outlined here: <https://apps.nhslothian.scot/refhelp/guidelines/community-treatment-and-care-services-ctacs/east-lothian-ctacs/east-lothian-ctacs-for-b12-injections/>

Edinburgh CTACs and Vaccination Enquiries Teams have merged from 1st July. Please check out the updated contact details here: <https://apps.nhslothian.scot/refhelp/guidelines/community-treatment-and-care-services-ctacs/edinburgh-ctacs/>

East Lothian CTACS offer an Ankle Brachial Pressure Index (ABPI /‘doppler’) service to help support clinicians in the diagnosis & management of the relevant chronic diseases. This service is for routine referrals only. Detailed overview here: <https://apps.nhslothian.scot/refhelp/guidelines/community-treatment-and-care-services-ctacs/east-lothian-ctacs/east-lothian-ctacs-abpi/>

All patients with USS suspicious of ovarian malignancy and/or elevated CA125 level should be referred as USOC to gynaecology. Please ensure patients have USS prior to referral and CA125 pending or completed. Detailed referral pathway here:

<https://apps.nhslothian.scot/refhelp/guidelines/gynaecology/ovarianpathology/ovariancancer/>

If you see someone with sudden sensorineural hearing loss, DO NOT start steroids! Please contact on-call ENT for same day referral & patient can be enrolled to the STARFISH trial starting on 8th July.

Referral Info:

<https://apps.nhslothian.scot/refhelp/guidelines/entadult/ear/hearinglossuddensensorineural/>

Trial Info: <https://entintegrate.co.uk/starfish>

Wheelchair and seating service operates both a paediatric and adult pathway. The referral process is the same. Further info about the services offered and referral guidelines can be found on RefHelp:

<https://apps.nhslothian.scot/refhelp/wheelchair-seating-service/>

Helpful information about the Blue Badge Assessment Service added to RefHelp's Rehabilitation section. <https://apps.nhslothian.scot/refhelp/guidelines/rehabilitation/blue-badge-assessment-service/>

Disabled Living Centre provides free information to people in person, by telephone, letter or email, but does not sell any equipment. It is located within the SMART Centre at Astley Ainslie Hospital. No referral required! For contact details please see:

<https://apps.nhslothian.scot/refhelp/guidelines/rehabilitation/disabled-living-centre/>

New information on Huntington's disease added to RefHelp. For detailed referral guidance please see: <https://apps.nhslothian.scot/refhelp/guidelines/neurology/huntingtonsdisease/>

After helpful Primary Care feedback the guidance on Breast Abscess / Infection has been updated on RefHelp. Please view more information here:

<https://apps.nhslothian.scot/refhelp/guidelines/breastdisease/breastabscess/>

Scottish Driving Assessment Service is a Scotland-wide service which offers assessment of medical fitness to drive, including the need for driving modifications where relevant, as a result of a medical condition/disability. Assessment & Referral info here:

<https://apps.nhslothian.scot/refhelp/guidelines/rehabilitation/scottish-driving-assessment-service/>

The Custom Design Service (CDS) provides custom designed or modified rehabilitation equipment where standard or commercially available equipment is not available. For further information on eligibility criteria and referral form please see: <https://apps.nhslothian.scot/refhelp/custom-design-service/>

New service on environmental control systems and integrated assistive technologies to enable patients with complex physical disabilities to control devices around the home. To know more about the services offered and referral criteria please see:

<https://apps.nhslothian.scot/refhelp/environmental-control-service/>

The Edinburgh Falls page has been recently updated with useful information:

<https://apps.nhslothian.scot/refhelp/guidelines/medicineoftheelderlygeriatrics/falls/edinburghfalls/>

Please see detailed referral guidance for x-rays including advice on appropriate imaging examination depending on body part, how to refer, and pathway for follow up CXRs in primary care:

<https://apps.nhslothian.scot/refhelp/guidelines/radiology/>

New RefHelp page enlisting all the ED Treatments available in Secondary Care. To know more please follow the link: <https://apps.nhslothian.scot/refhelp/guidelines/urology/erectiledysfunctionurol/ed-treatments-in-secondary-care/>