

RefTweets –July 2023

A new document with useful contacts and advice for Locums published on #RefHelp <https://apps.nhsllothian.scot/refhelp/useful-resources/> although all clinicians may find some of the information/contacts useful!

RefHelp's Pregnancy Support Page retitled to 'Pain and bleeding at < 12 weeks in Pregnancy'. There is useful referral information so please visit the page:

<https://apps.nhsllothian.scot/refhelp/guidelines/pregnancyandbleedingat12weeksinpregnancy/>

New information on Pelvic Organ Prolapse added to RefHelp's Gynaecology section. Guidance about diagnosis, conservative measures & referral guidelines. Please note the hospital pessary clinics are for review only and not for new referrals. More info here:

<https://apps.nhsllothian.scot/refhelp/pelvic-organ-prolapse/>

New information on MSM Services added to RefHelp's Sexual Health Section with details about services offered, locations and times. More info here: <https://apps.nhsllothian.scot/refhelp/msm-services/>

Updated information on abortion care delivery in Lothian including referral guidelines on how to refer. You can also find useful patient information leaflets and other resources too! Check it out here: <https://apps.nhsllothian.scot/refhelp/guidelines/abortion-care/>

Abnormal smear or suspicion of cervical malignancy refer to Colposcopy. Vulval or vaginal malignancy refer to Gynae as USoC. Cervical polyps & symptomatic ectropion refer to Gynae as Routine. Relevant clinical images to aid diagnosis of these lesions here:

<https://apps.nhsllothian.scot/refhelp/guidelines/cervicallesionscolposcopy/>

Check out the recently updated post menopausal bleeding patient pathway. Also, includes helpful referral guidelines to follow if required.

<https://apps.nhsllothian.scot/refhelp/guidelines/postmenopausalbleeding/>

There are 4 Adult Psychological Therapies teams across Lothian. It is NOT a crisis service. They provide psychological assessment, individual treatment &/or group therapy for moderate to severe mental health difficulties. Referral Info here: <https://apps.nhsllothian.scot/refhelp/psychological-therapies-services-pts/>

All Paediatric Physio referrals to be sent via Orthopaedics and NOT Physiotherapy. For more details please see: <https://apps.nhsllothian.scot/refhelp/guidelines/physiotherapy/>

Lothian Improving the Cancer Journey (ICJ) is a Macmillan-funded, Link Worker service. It aims to support people with a cancer diagnosis and their family/carers. They focus on non-clinical issues. Please see their new contact details & referral form here:

<https://apps.nhsllothian.scot/refhelp/guidelines/improvingthecancerjourney/>

Thank you to those who have used our contact form. We will strive to put your feedback into action as promptly as possible. If you're keen to receive an update about your query please leave your contact on the feedback form and we'll keep you posted.

<https://apps.nhsllothian.scot/refhelp/contact-us/>

Contact information updated for Urgent Therapy and Social Care Direct Service within Edinburgh.

Please see updated details here:

<https://apps.nhslothian.scot/refhelp/guidelines/urgenttherapyandsocialcare/>

GP ECG Referral Form recently updated. Please note a barcoded patient label or minimum dataset is requested to enable patient identification. Patient must bring the form along to the appointment.

More detailed info here: <https://apps.nhslothian.scot/refhelp/guidelines/electrocardiogramecg/>