

RefTweets

February - March 2023

Pre-referral Sound Sensitivity Information is available to healthcare professionals who need to signpost families to information for self-help management prior to referral. Additional referral information and form included too! Please see details here:

<https://apps.nhslothian.scot/refhelp/guidelines/paediatricaudiology/sound-sensitivity/>

Please note the Adult Weight Management Service info has been remapped from Diabetes to the Dietetics section.

<https://apps.nhslothian.scot/refhelp/guidelines/weightmanagementserviceadult>

New information about Atrial Fibrillation and Anticoagulation for Non-Valvular AF (NVAF) added to RefHelp's Cardiology section. Please see: <https://apps.nhslothian.scot/refhelp/atrial-fibrillation-and-anticoagulation-for-non-valvular-af-nvaf/>

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Recent updates to the Arrhythmia and Palpitation pages. Please see the updated referral information, useful resources and links here:

<https://apps.nhslothian.scot/refhelp/guidelines/arrhythmia-and-palpitations/>

Please see new information added to RefHelp's Community Treatment and Care Services (CTACS) section about a specialist travel clinic service including info on travel clinic sites, vaccine advice and self-referral options. <https://apps.nhslothian.scot/refhelp/travel-clinic-services/>

Department of Clinical Neurosciences offers two services for patients with persistent neurological or cognitive symptoms after COVID 19 infection. Service 1 for focal neurological symptoms & Service 2 for persistent cognitive symptoms. Referral info here:

<https://apps.nhslothian.scot/refhelp/guidelines/neurologylongcovid/>

OPAT is a nurse-led clinic for treatment of skin & soft tissue infections (SSTI). Service open all week offering IV antimicrobial delivery or monitoring of patients on complex oral antimicrobials across the Lothians. Referral info for both 1y & 2y care:

<https://apps.nhslothian.scot/refhelp/guidelines/opat/>

The Lothians & Edinburgh Abstinence Programme (LEAP) offers a 3 month rehab based on the therapeutic community model for patients dependent on alcohol & other substances. For clear referral guidance and useful resources please see RefHelp:

<https://apps.nhslothian.scot/refhelp/guidelines/leap/>

Please note all referrals to the Bladder and Bowel Nurse Team are via SCI gateway and emails are no longer accepted. To know more please see:

<https://apps.nhslothian.scot/refhelp/guidelines/bladder-and-bowel-nurse-team/>

Abnormal cervical cytology - To refer or not for Colposcopy? Please refer to the guidance chart on RefHelp along with detailed referral information, primary management advice and helpful patient information leaflets & other resources.

<https://apps.nhslothian.scot/refhelp/guidelines/cervicalabnormalitiescolposcopy/>

Are you a new referrer? We have helpful resources for you related to referral guidance and checklists: <https://apps.nhslothian.scot/refhelp/useful-resources/>

Head & neck cancers are devastating for our patients & we want to get the diagnosis right as quickly as we can. We are very keen to hear your views about the risk calculator as we try to develop a new & better approach. The survey is quick...under 2mins!

<https://forms.office.com/e/WvsLV1TLsU>