

RefTweets August 2025

Looking for some quick learning? Check out our RefBites short videos with useful information about various services within NHS Lothian:

<https://apps.nhsllothian.scot/refhelp/education/refbites-bitesize-learning/>

The RefHelp Team are always ready to improve the website for you. If you have any queries or feedback please let us know via the feedback form on our 'Contact Us' Page

<https://apps.nhsllothian.scot/refhelp/about-us/contact-us-2/> #rightinformation4rightcare

An overview of RefHelp in 2 mins! <https://vimeo.com/showcase/11563218/video/1101470670>

Our recent #RefTalks on Asthma has had almost 200 views so far! If you missed the webinar or haven't watched the recording yet, you can view the recording and all our previous webinars here: <https://apps.nhsllothian.scot/refhelp/education/archives/>

New to RefHelp? Check out our website walkthrough to know more about the website features, navigation and details of the information we offer via a step-by-step narration! To watch the video please visit: <https://vimeo.com/showcase/11563218/video/1101470582>

The Scottish Cancer Referral Guidelines have been updated and went live on Wednesday, 6th August 2025. The team are working hard to update all relevant information on the RefHelp website. If you would like to see the guidelines please click here

<https://www.gov.scot/publications/scottish-referral-guidelines-suspected-cancer-2025/>

Please note GPs do not routinely provide vaccination services & patients should not be referred to their GPs for these. Clinicians seeing patients should advise them of the NHS Lothian HSCP Vaccination Services. More info on services, referrals, etc here:

<https://apps.nhsllothian.scot/refhelp/guidelines/vaccine-services/>

Edinburgh HSCP work with older people experiencing a decline in independence at home through age, or following a fall, illness or injury to deliver personal care support for up to 6 wks. Also supports preventative care to avoid admission. More info here:

<https://apps.nhsllothian.scot/refhelp/reablement/>

Please see helpful information on GP IT Contingencies when Sci Gateway, Vision, EMIS PCS and AdAstra (OOH) are unavailable. The outages are relatively rare and infrequent but when it occurs we recommend you follow the advice mentioned here: <https://apps.nhsllothian.scot/refhelp/gp-i-t-contingencies/>

Check out the new page on 'SciGateway Tips' for primary care referrers on RefHelp:

<https://apps.nhsllothian.scot/refhelp/sci-gateway-tips/>

Please note that East Lothian Community Hospital offers hearing loss services only and Implant services are only available at Lauriston. For detailed service information and contact details please see: <https://apps.nhsllothian.scot/refhelp/guidelines/audiology/>

The Audiology Department offers management for BPPV when symptoms have persisted for at least 6 weeks, despite first line approaches in General Practice. For testing and management, referral guidelines, and patient information leaflet please check:

<https://apps.nhsllothian.scot/refhelp/guidelines/audiology/bppvbenignparoxysmalpositionalvertigo/>