RPI

This scale will help us understand you better. Please indicate to what extent you agree or disagree with each of the following statements by circling a number.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  |  | **Strongly Disagree** | **Disagree** | **Neutral** | **Agree** | **Strongly Agree** |
| 1. | My problems will eventually go away on their own. | 1 | 2 | 3 | 4 | 5 |
| 2. | I don’t have much desire to work hard in therapy. | 1 | 2 | 3 | 4 | 5 |
| 3. | I will have no trouble being completely honest and open with the therapist. | 1 | 2 | 3 | 4 | 5 |
| 4. | My problems make me very unhappy. | 1 | 2 | 3 | 4 | 5 |
| 5. | Even if it’s hard for me to do some things in therapy, I will stick with it to the end. | 1 | 2 | 3 | 4 | 5 |
| 6. | In between sessions, I will work hard at the things I learn in therapy. | 1 | 2 | 3 | 4 | 5 |
| 7. | My problems make me feel ashamed. | 1 | 2 | 3 | 4 | 5 |
| 8. | It will be too painful to tell the therapist everything about my problems. | 1 | 2 | 3 | 4 | 5 |
| 9. | My problems cause me much distress. | 1 | 2 | 3 | 4 | 5 |
| 10. | There are some things about me that I don’t want the therapist to know. | 1 | 2 | 3 | 4 | 5 |
| 11. | Even if therapy makes me uncomfortable, I will continue with it. | 1 | 2 | 3 | 4 | 5 |
| 12. | Although I have some problems, there is no urgent need to fix them. | 1 | 2 | 3 | 4 | 5 |
| 13. | Honestly, I don’t think that I can benefit much from therapy. | 1 | 2 | 3 | 4 | 5 |
| 14. | Therapy will work best if I work hard at cooperating with my therapist. | 1 | 2 | 3 | 4 | 5 |
| 15. | I will be able to talk freely about my problems with the therapist. | 1 | 2 | 3 | 4 | 5 |
| 16. | I need to start working on my problems immediately. | 1 | 2 | 3 | 4 | 5 |
| 17. | My problems don’t bother me much. | 1 | 2 | 3 | 4 | 5 |
| 18. | I can endure discomfort in therapy because I know it will help me in the long run. | 1 | 2 | 3 | 4 | 5 |
| 19. | I will be able to discuss anything in my personal life with the therapist. | 1 | 2 | 3 | 4 | 5 |
| 20. | My problems interfere greatly with my wellbeing. | 1 | 2 | 3 | 4 | 5 |

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