

### Emergency

We aim to see emergency conditions within two working days from receipt of referral:

- Active Foot Ulceration
- Charcot Neuroarthropathy

### Urgent

We aim to see urgent conditions within two to four weeks from receipt of referral:

- Onychocryptosis/Paronychia (specify if infection present)
- Curved nails (involution) with infection
- Soft tissue pathology which is at risk of ulceration
- Armed forces & veterans- in line with NHS Lothian policy
- Diabetic patients with a high risk/in remission status
- Off work/study due to MSK condition
- Main carer where MSK condition impacting significantly on ability to provide care

Please provide as much detail as possible to help the triage process. Decision of priority remains with triaging clinician.

### Advice Only

This service is intended to offer Primary care clinicians, Podiatry advice on clinical problems, which may not require a formal referral/ assessment if simple advice or tips would suffice- accessed via SCI referral

The Podiatrist has the option to put the patient on to the relevant waiting list if it is felt an appointment is necessary

### Routine

Routine conditions:

- MSK conditions such as suspected Morton's neuroma, plantar heel pain, tendinopathy, hallux valgus
- Non specific MSK conditions i.e. general foot pain
- Soft tissue injuries
- Symptomatic nail or skin pathology which has not responded with self-management
- Patients with Diabetes whose risk factor changes to moderate risk.

Please provide as much detail as possible to help the triage process.

### What not to refer

- Basic personal foot care and nail cutting
- Asymptomatic nail pathology in healthy individuals
- Fungal nail infections
- Asymptomatic skin lesions such as callous and corns in healthy individuals
- Asymptomatic flat feet
- Verrucae
- Request for ankle foot orthotics and bespoke footwear