

## Plastics Plastics Exceptional Aesthetic Referral Checklist

### SCI Gateway Protocol Text

Mandatory fields are indicated by an asterisk

- Physical indicators from GP examination – *Text*  
(Gynaecomastia referrals should have hormone levels checked)
- Psychological indicators – *Text*  
(Significant and prolonged psychological distress and associated impairment in functioning related to the perceived problem)

### Psychological contra indicators

- Major life event within the last year – *Tick*
- Episode of deliberate self harm within last 2 years – *Tick*
- Eating Disorder (clinical / subclinical) – *Tick*
- Substance misuse (illicit or prescribed) – *Tick*
- Major depressive illness – *Tick*
- Psychiatric disorder – *Tick*
- Body dysmorphic disorder – *Tick*
- Following GP exam has a disproportionate view of problem – *Tick*

### Physical contra indicators

- Currently pregnant or less than one year post natal – *Tick*
- Please give patient's current BMI – *Text*
- If bariatric weight loss patient, please give consecutive BMIs 1 year apart – *Text*

### Previous mental health services contact

- Previous mental health services contact – *yes / no*
- If yes, please give details – *Text*
- Do you (GP) support this application – *yes / no*