**Paediatric Psychology and Liaison Service (PPALS) Referral Form**

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| **Name of Child/Young Person:** **CHI:** **Next of Kin:****Address:** **Telephone Number(s):** |
| **Medical Diagnosis:** **Date of diagnosis:****Inpatient / Outpatient:** **Who is the referral to support:** Child or YP / Parent(s) or Carer(s) / Both**Will the C/YP be followed up by a RHCYP Consultant:** Yes / No **Have they been referred to PPALS before**: Yes / No / Don’t Know |
| **Description of presenting difficulties (e.g. anxiety, low mood, adherence to treatment issues, duration of difficulties):**  |
| **Impact on functioning (e.g. school attendance, social activities, relationships):** |
| **Were the difficulties present prior to diagnosis?** |
| **Any developmental concerns (e.g. ASD/ADHD/Intellectual Disability)?** |
| **Any additional psychosocial concerns (e.g. family functioning, parental mental health, school difficulties):** |
| **What are your goals (as referrer) for psychological input?** **How motivated is the Child or YP / Parent(s) to work on these goals?** Not motivated / Somewhat motivated / Very motivated |
| **If the Child/YP is presenting with Persistent Physical Symptoms (functional health difficulties, such as FND), has the family been given and accepted this diagnosis?** |
| **What support (if any) is already in place?**[ ]  Open to Social Work : [ ]  School counselling: [ ]  Previous input from Play Specialist [ ]  Open/referred to CAMHS: [ ]  Other (e.g. SMS Connect, Youth Navigators): |
| **Has the referral been discussed with the:** Child or YP / Parent(s) or Carer(s) /Both**Date of Referral:** Click to enter a date.**Referral copied to GP practice:** Yes / No  | **RHCYP Consultant:****Name of Referrer:** **Other contact to discuss referral with (if any):** |

**Please email this form to** **Loth.ppalsreferrals@nhs.scot**

**Please feel free to contact us on 0131 312 0528 and we would be happy to discuss the referral with you. Please attach a recent clinic letter with more information if you feel this would also be helpful.**