

**Post-Menopausal Bleeding  
and no current use of HRT  
1<sup>st</sup> episode of bleeding  
(2026 Update)**

GP: Vaginal/speculum  
examination and urinalysis

This flowchart is for women who are not currently taking HRT. For women using HRT, see advice on [RefHelp: Unscheduled Bleeding on HRT](#). Lynch, Cowden syndrome and BRCA1/2 carry a higher baseline risk of cancer e.g. Lynch lifetime risk = 50%. In this group, a thin endometrium does not provide reassurance about the absence of underlying pathology. Tamoxifen makes the ultrasound measurement of endometrial thickness inaccurate and may not reflect the true risk of underlying pathology.

Vulva/vagina/cervix cancer suspected.

USOC referral gynaecology

Current or previous use of tamoxifen  
(risk x 4)

Request PMB scan & USOC Referral Gynae

▪Lynch or Cowden Syndrome  
▪BRCA1 or BRCA2 carrier without  
bilateral salpingo-oophorectomy

1. Request PMB scan + USOC Referral Gynae  
2. Referral to Clinical Genetics  
[RefHelp: Clinical Genetics for advice](#)

Age 55 or older, and no current HRT use

Request  
PMB Scan

▪Equal or >5.0mm  
endometrium,  
▪Copper IUD, or  
▪Progesterone IUD for  
>5 years:  
**USOC PMB Abnormal  
Ultrasound Gynae  
Referral**

Age under 55, and no current HRT use  
and with **any one risk factor** for  
endometrial cancer:

- BMI > 40 (risk x 10)
- BMI > 35 (risk x 5)
- Diabetes (risk x 2)
- 1st degree relative with endometrial cancer (risk x 2)

Request  
PMB Scan  
only if any  
one risk  
factor  
present.

No risk  
factors  
present.

< 5.0mm endometrium or, does  
not have high risk factors for  
ultrasound:  
No appointment in secondary  
care. GP follow up and consider  
vaginal estrogen.

**Second or subsequent episode of  
bleeding, in the absence of HRT**

GP: Vaginal/speculum  
examination and urinalysis

Previous endometrial  
biopsy more than 6  
months ago, or not  
previously performed.

Request PMB scan +  
USOC Referral Gynae

Less than 6 months  
since previous  
reassuring PMB scan,  
or previous reassuring  
biopsy.

**WAIT. Consider  
allowing 6 months  
since prior assessment  
before requesting  
PMB Scan.**