

Post-Menopausal Bleeding and no current use of HRT
1st episode of bleeding
 (2026 Update)

GP: Vaginal/speculum examination and urinalysis

This flowchart is for women who are not currently taking HRT. For women using HRT, see advice on [RefHelp: Unscheduled Bleeding on HRT](#). Lynch, Cowden syndrome and BRCA1/2 carry a higher baseline risk of cancer e.g. Lynch lifetime risk = 50%. In this group, a thin endometrium does not provide reassurance about the absence of underlying pathology. Tamoxifen makes the ultrasound measurement of endometrial thickness inaccurate and may not reflect the true risk of underlying pathology.

Vulva/vagina/cervix cancer suspected.

USOC referral gynaecology

Current or previous use of tamoxifen (risk x 4)

Request PMB scan & USOC Referral Gynae

▪ Lynch or Cowden Syndrome
 ▪ BRCA1 or BRCA2 carrier *without* bilateral salpingo-oophorectomy

1. Request PMB scan + USOC Referral Gynae
 2. Referral to Clinical Genetics
[RefHelp: Clinical Genetics](#) for advice

Age 55 or older, and no current HRT use

Request PMB Scan

▪ Equal or >5.0mm endometrium,
 ▪ Copper IUCD, or
 ▪ Progesterone IUCD for >5 years:

Age under 55, and no current HRT use and with any one risk factor for endometrial cancer:

Request PMB Scan only if any one risk factor present.

USOC PMB Abnormal Ultrasound Gynae Referral

▪ BMI > 40 (risk x 10)
 ▪ BMI > 35 (risk x 5)
 ▪ Diabetes (risk x 2)
 ▪ 1st degree relative with endometrial cancer (risk x 2)

No risk factors present.

< 5.0mm endometrium or, does not have high risk factors for ultrasound:
 No appointment in secondary care. GP follow up and consider vaginal estrogen.

Second or subsequent episode of bleeding, in the absence of HRT

GP: Vaginal/speculum examination and urinalysis

Previous endometrial biopsy more than 6 months ago, or not previously performed.

Request PMB scan + USOC Referral Gynae

Less than 6 months since previous reassuring PMB scan, or previous reassuring biopsy.

WAIT. Consider allowing 6 months since prior assessment before requesting PMB Scan.