

Maintenance Laxative Therapy

1. Macrogol oral powder 3350 (Movical)		
Movical Paediatric Pain <i>Not licenced for use in children under 2 years*</i>	6months-1year	½ - 1 sachet daily
	1-6years	1 sachet daily, adjust dose to response. Maximum 4 sachets daily
	6-12years	2 sachets daily, adjust to response. Maximum 4 sachets daily
Adult Movical or Laxido	12-16years	1-3 sachets in divided doses, adjust to response. (Maintenance usually 1-2 sachets daily)

2. Lactulose		
Lactulose solution <i>(Brush teeth after use)</i>	<1year	2.5ml bd, adjust to response.
	1-5years	2.5 – 10ml bd, adjust to response. Max dose 90ml daily
	5-18years	5-20ml bd, adjust to response. Max dose 90ml daily