**Maintenance Laxative Therapy**

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| 1. **Macrogol oral powder 3350 *(Movical)*** |  |  |
| ***Movical Paediatric Pain***  *Not licenced for use in children under 2 years\** | **6months-1year** | ½ - 1 sachet daily |
| **1-6years** | 1 sachet daily, adjust dose to response. Maximum 4 sachets daily |
| **6-12years** | 2 sachets daily, adjust to response. Maximum 4 sachets daily |
| ***Adult Movical or Laxido*** | **12-16years** | 1-3 sachets in divided doses, adjust to response. (Maintenance usually 1-2 sachets daily) |

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| 1. ***Lactulose*** |  |  |
| *Lactulose solution*  *(Brush teeth after use)* | **<1year** | 2.5ml bd, adjust to response. |
| **1-5years** | 2.5 – 10ml bd, adjust to response. Max dose 90ml daily |
| **5-18years** | 5-20ml bd, adjust to response. Max dose 90ml daily |

