

Management and monitoring of patients using Lithium.

Psychiatrists asking GPs to start people on Lithium should initiate treatment and send clear instructions about prescribing, with a followup plan.

Details are available on the Lothian Joint Formulary: [Formulary | Lothian Joint Formulary \(nhs.scot\)](#)

And the full details of the Lothian lithium guideline available here: [Lithium Guideline final June 19 \(nhslothian.scot\)](#).

Please also see:

- NHS Scotland / CMO Lithium guideline
- [https://www.sehd.scot.nhs.uk/cmo/CMO\(2019\)04.pdf](https://www.sehd.scot.nhs.uk/cmo/CMO(2019)04.pdf)
- And for patients with renal impairment secondary to Lithium – a useful review article:

Lithium and chronic kidney disease; Mukesh Kripalani et al; BMJ 2009;339:b2452 (<https://www.bmj.com/content/339/bmj.b2452>)