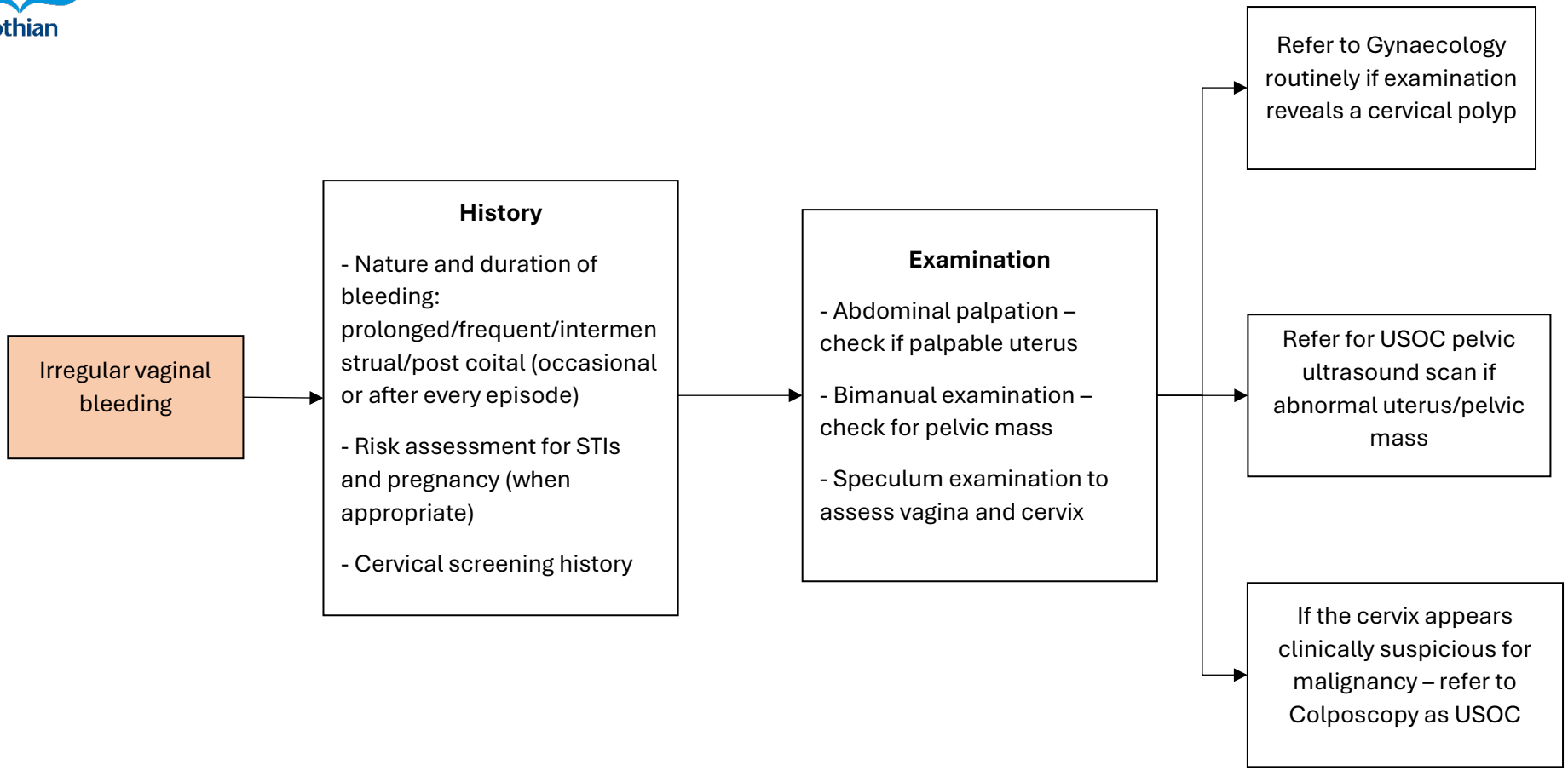
NHS Lothian


Irregular vaginal bleeding
History
- Nature and duration of bleeding: prolonged/frequent/intermenstrual/post coital (occasional or after every episode)
- Risk assessment for STIs and pregnancy (when appropriate)
- Cervical screening history
Examination
- Abdominal palpation – check if palpable uterus
- Bimanual examination – check for pelvic mass
- Speculum examination to assess vagina and cervix
Refer to Gynaecology routinely if examination reveals a cervical polyp
Refer for USOC pelvic ultrasound scan if abnormal uterus/pelvic mass
If the cervix appears clinically suspicious for malignancy – refer to Colposcopy as USOC