

## **PROTECTIVE HEADGEAR FOR ADULTS AND CHILDREN**

Soft or padded helmets have previously been requested by paediatrics and adult services for a variety of reasons. Referrals have previously been requested for but not limited to;

- Epilepsy
- Head banging
- Drop fits
- Hair pulling
- Seizures

However clinical evidence between “orthotic” helmets and sports helmets, such as Rugby scrum caps, shows little difference in effectiveness. Injury can and will occur even while using protective head gear dependent on the circumstances and environment where a seizure occurs. Although it would be a reasonable assumption that some form of head protection could potentially reduce injury but that this cannot be any better achieved through NHS services providing such protection and in fact CE marked goods as stated are impact tested

These helmets can be normally be purchased online or through high street sport retailers. The advantages of these type of protective head gear are that these items are tested and CE marked but they also tend to be more cosmetic and comfortable than previously supplied orthotic helmets.