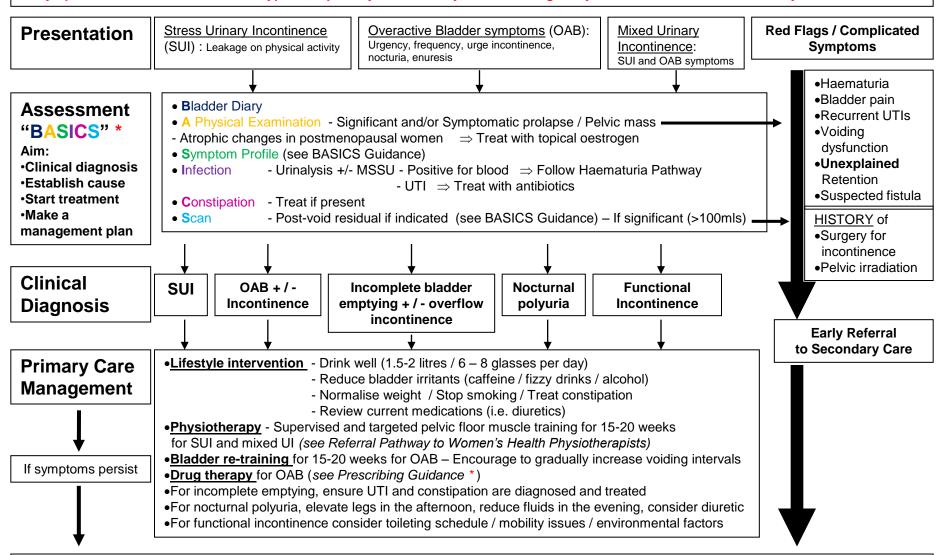
Urinary Symptoms in the Female

- •Most urinary symptoms in the female are functional disorders ⇒ Treatment is directed towards improvement of quality of life.
- •If symptoms are of sudden onset or atypical, especially in the elderly, bladder malignancy should be considered with early referral.



Referral to Secondary Care (Urogynaecology / Urology) for Specialised Management

Referral Pathway to Women's Health Physiotherapists in the Community across Edinburgh and the Lothians (West/Mid/East)

Referrals via SCI Gateway – Option:

AHP – Physiotherapy. Edinburgh – Community MSK HUB (Slateford)

AHP – Physiotherapy. East Lothian – Roodlands Hospital (East Lothian)

AHP - Physiotherapy. Midlothian - Bonnyrigg (Midlothian)

AHP – Physiotherapy. St Johns Hospital (West Lothian)

Referrals will be directed to one of the Community Physiotherapy Services MSK Outpatient Clinics.

Referrals will be triaged appropriately to a Women's Health Physiotherapist.