

Purpose of team

We work with individuals with an intellectual disability and a history and/or risk of offending that may result in significant harm to themselves or others and who require specialist forensic input. We work with the individual and systems to reduce offending & risk, and improve quality of life.

Geographical Areas Covered

We work in City of Edinburgh, East Lothian, Mid Lothian & West Lothian Health and Social Care partnerships.

Who we work with

Individuals must be

- resident in NHS Lothian
- have a diagnosed ID
- have committed (or be at risk of committing a serious offence)
- must be over the age of 18.

We are an adult only service.

Who we are

- Part of NHS Lothian Adult Learning Disability Service
- A multi-disciplinary team
- Community based

The MDT

The team is staffed by Learning Disability Nurses, Clinical and Forensic Psychology, Forensic Psychiatry, Occupational Therapy, Art Therapy, Speech and Language Therapy, and a Mental Health Officer.

Links with other services

We have well-established links with:

- Community Learning Disability Teams
- Police Scotland
- Criminal Justice Social Work (CJSW)
- Scottish Prison Service (SPS)
- Multi Agency Public Protection Arrangements (MAPPA).

What we provide

Intervention is tailored to each patient. This can include

- Formal evidence-based risk assessment e.g. HCR20, RSVP, SARA etc.
- Formulation of individual and offending behaviour
- Psychiatric assessment and treatment
- Psychological therapies (including EMDR, CBT and CAT)
- Skilled LD nursing care
- LD adapted interventions for internet safety, relationships and boundaries, anxiety management and anger management.
- Identifying, advising, supporting and monitoring meaningful risk assessed occupational and leisure activities
- Supporting transition from prison or inpatient resources to community resources
- Supporting court attendance for current patients
- Providing adapted communication
- Consultancy and joint working
- Training/CPD for professionals.

How to refer

We accept referrals from a variety of agencies including

- Health
- Criminal Justice Social Work
- Police
- Third sector organisations

We do not accept self-referrals.

We encourage an initial discussion with us in complex or unusual cases.

Our referral form can be found on NHS Lothian RefHelp or email the team to request the form.

We aim to respond to referrals within two weeks.

Contact Details

Jamie Kirkland, Team Lead, Consultant Psychologist

Ellie Pike, Consultant Forensic Psychiatrist

Address:

FAST Team
Henderson Unit
Royal Edinburgh Hospital
Morningside Place
EH10 5HF

Telephone: 0131 446 4472

Email: loth.FASTadmin@nhs.scot



FAST team
Community Forensic Intellectual Disability
Team