PATIENT REQUIRES CARE BUT CARE IS UNAVAILABLE OR UNSUSTAINABLE: A GUIDE FOR EAST LOTHIAN GPs DURING COVID-19













PALLIATIVE CARE NEEDS

Patient requires Palliative Care that cannot be supported at home



SOCIAL CARE NEEDS

Patient requires a new POC or current POC needs amended / increased for the patient to be able to stay at home



ACUTE MEDICAL ISSUE

Patient has an acute medical issue whose treatment may help to stabilise the care requirements, and who is not suitable for hospital admission



Patient has a rehabilitation issue where PT/OT input may help to stabilise the care requirements



East Lothian Patient Flow Team (Tel: 01620 642 795/6)

Should be contacted by the GP re admission to one of the East Lothian PC beds in:
The Edington, Ward 3 Belhaven and Ward 1, ELCH.
There is more detail below re

referral information needed.

The hospitals should **not** be contacted directly.



East Lothian Contact Centre (Tel: 01875 824 309)

should be contacted by the patient, significant other, or health professional involved. If there is a care provider in place they have already been instructed to contact the ELC for assistance.

The request for assistance will be passed to the relevant health and social care professionals to action.



East Lothian Hospital at Home (Tel: 01620 642 798/799/964)

Should be contacted to discuss the referral with the team. If the team cannot answer then please leave a message with the patient's name, CHI, referrer's name and contact details and the team will get back to you as soon as they can.

There is more info on Refhelp under MOE including a COVID update



East Lothian OT/PT (Tel: 0797 3662 763)

Should be contacted to speak to the therapist on call or if they don't answer leave a message with the patient's name and CHI, and the referrer's contact details.

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Please do not hesitate to call the East Lothian Patient Flow Team with any queries or to ask who to contact Tel: 01620 642795/6. It may not always be straightforward which service is required, for example a patient may need input of more than one service. If you have any queries at all then please get in touch with us.

Palliative Care / End of Life Care Beds in East Lothian

Palliative beds (for all areas of East Lothian) are situated in:

- **Edington** hospital
- Ward 3, Belhaven hospital
- Ward 1, ELCH

All enquiries should be made through the East Lothian Patient Flow team (not the hospital direct)

Tel: 01620 642 795/6

At Referral Information required includes:

- Patient name and CHI
- NOK details
- Diagnosis and relevant medical history
- Indication for admission
- Current nursing care
- Specialist equip needed eg. syringe pump
- Anticipatory care plan

Admission requirements includes:

- DNACPR form (if applicable) to accompany patient
- Medical referral letter (if beds cared for by different GPs to those registered with)
- All prescribed medications
- Wound/skin care products
- Mobility aid if used