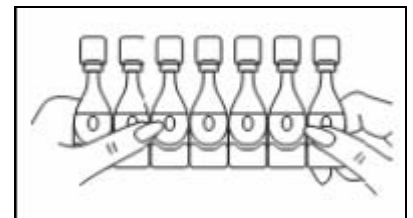
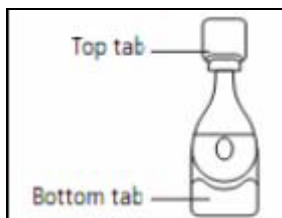


About Flixonase Nasule Drops

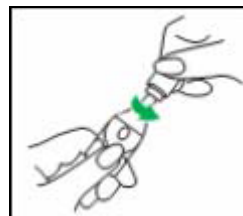
Your ENT specialist has recommended that you take FLIXONASE NASULES to treat your nose condition. (Rhinosinusitis/nasal polyps). They are supplied in a pack of 28 ampoules, which should last you 28 days.

They have been designed so that one squeeze of the Nasule will deliver half of the dose. A further squeeze into the other nostril will deliver the rest. The usual dose is one Nasule (divided between the nostrils) once a day.



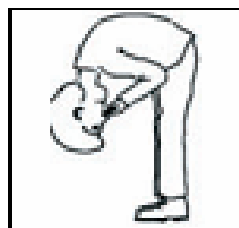
How to use the Nasule

1. Gently blow your nose
2. Detach one nasule from the strip
3. Mix the contents completely, hold larger tab, flick the other end a few times then shake.
4. Remove any medicine from neck of the nasule; hold the top tab and flick the Nasule
5. Hold the bottom tab of nasule securely, twist and remove the top tab.

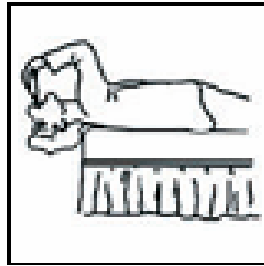


6. To make sure the medicine reaches the polyps you should get yourself into one of the following positions below. You may want to ask someone to help you put drops in.

7. Sit or stand bend forwards until your head is at knee level.



8. Lie on you back on a bed with your head tilted backwards looking at wall not a ceiling in order to be in the correct position



9. Hold the nasule by the dimpled sides. When the nasule is in the nostril, squeeze until the dimple sides meet. This will deliver about half the dose. Put the nasule in to the other nostril and squeeze it again to deliver the remaining drops. Keep you head forwards for a minute, if you are leaning forwards, or roll over after lying on bed position. It is quite normal for a little liquid to come out of you nose or run down the back of your throat. Do not worry; enough will have to get to where it needs to be.

Once a day you should use 1 ampoule only, with a squeeze and release in each nostril. The ampoule will empty after 2 squeezes. If you can, try and alternate which nostril gets the first squeeze as slightly more comes out with the first squeeze and release than the second.

We suggest EITHER putting it in the most blocked nostril first

OR marking a box so that Mon/Wed/Fri left side first; then mark the next box M/W/F right side first and so on.

FLIXONASE NASULES are a strong form of medication and should only be used at the prescribed dose. It is important you do not use more than 1 ampoule per day unless specifically advised by your ENT specialist.