

Local cooking courses

Please note that all of the initiatives below are active at the time of writing. We are unable to ensure that they remain active, but will check intermittently. If you discover that they are no longer active, or can suggest additional initiatives that we can add to our list, please email loth.medicalpaediatrics@nhs.scot FAO Claire Hathorn. Thank you.

1. [Edinburgh Food Social](#)
<https://edinburghfoodsocal.org/> – Craigmillar
Social enterprise teaching communities and young people about seasonal healthy food through chef-led inclusive cookery classes and projects. Free for residents of Greater Craigmillar / Niddrie on low / no income.
2. [Fresh Start Cooking Classes](#)
<https://www.freshstartweb.org.uk/what-we-do/cooking-classes> - Pilton
Budget cooking classes and practical nutrition support for vulnerable households rebuilding stability.
For more information, get in touch with the Community Kitchen team at cooking@freshstartweb.org.uk. May require referral by professional, form on website.
3. [B Healthy Together](#)
<https://bhealthytogether.org.uk/> – Broomhouse
Edinburgh community health project offering free parent-and-child cooking classes, community meals and wellbeing activities focused on healthy lifestyles and confidence-building.
4. [Edinburgh Community Food](#)
<https://www.edinburghcommunityfood.org.uk/> – free 1-hour online webinars on weaning and fussy eating
5. [Women supporting women](#)
<https://pchip.org.uk/wellbeing-programme/women-supporting-women/> – Edinburgh: Granton / Pilton

Tiny plates / fussy eaters workshops and weekly drop-in outdoor cook club.
Contact hello@pchip.org.uk for booking/ further details.
6. [Sandy's community centre](#)
<https://sandyscommunitycentre.com/CraigmillarCaI/index.php> – Craigmillar
Community activities, groups and lunches that can help learn new cooking skills and recipes, most are free.

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