

Carer Champion training for Health and Social Care staff in 2026

This free, full-day training aims to establish “Carer Champions” within a wide range of hospital and community settings and empower these Champions to support, refer and signpost carers. The training will also enable participants to cascade information to their colleagues.



Aims:

- To cultivate carer aware working environments
- To enthuse and establish “Carer Champions” across Health and Social Care
- To empower Carer Champions to support, refer and signpost carers to appropriate services
- To enable Carer Champions to cascade information to their colleagues

By the end of the session you will be able to:

- Know who carers are and how to identify them
- Understand the impacts a caring role has on individuals
- Understand the benefits of supporting carers
- Demonstrate a basic understanding of the Carers (Scotland) Act 2016 and the key duties for Health and Social Care Partnerships.
- Demonstrate a basic knowledge of local carer organisations and their services
- Connect carers to appropriate services

Courses will take place on MST from 10am to 3pm.

Dates for 2026:

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| Thursday 19th March |
| Wednesday 17th June |
| Thursday 15th October |

For enquiries or bookings please contact the **Edinburgh Carer Support Team**.

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Edinburgh **Health and Social Care** Partnership

