

Table 2: Typical signs and symptoms and consider food allergy if inadequate response to previous treatments for atopic eczema, GORD, chronic GI symptoms including refractory constipation

IgE mediated (immediate, i.e. sudden onset of symptoms within 2 hours of exposure)	Non IgE mediated (delayed, i.e. 2-72 hours after ingestion of cow's milk protein)
<u>Mild to moderate</u>	
Skin/mucous membranes	
Acute urticaria Acute angio-oedema (lips, tongue, palate, face, around eyes) Acute Pruritus Erythema	Atopic eczema Pruritus Erythema
Gastrointestinal	
Oral pruritus Nausea Vomiting Diarrhoea Abdominal pain	Gastro-oesophageal reflux disease Vomiting / possetting with pain or irritability Feed refusal / aversion Dysphagia Abdominal pain / colic Constipation Diarrhoea Blood and/or mucous in stools Perianal redness Pallor & tiredness Faltering growth
Respiratory system (in combination with one of above)	
Acute rhinitis, nasal itching	Ongoing chronic wheeze or cough secondary to GORD
<u>Severe</u>	
Skin	
Severe atopic eczema +/- faltering growth	Severe atopic eczema +/- faltering growth
Gastrointestinal	
	<i>Severe persisting symptoms of:</i> Abdominal pain food refusal vomiting Diarrhoea Significant blood and/or mucous in stools with associated faltering growth <i>Differential diagnosis includes:</i> Eosinophilic oesophagitis Food protein induced enterocolitis (FPIES) or proctocolitis Eosinophilic gastritis / enteritis / colitis
Respiratory and cardiovascular – Anaphylaxis including the following signs and symptoms	
Wheeze, Coughing & stridor, shortness of breath Low blood pressure Altered heart rate	

***In some patients there may an overlap of both IgE and non-IgE mediated symptoms**