## **Toilet Training Pathway** Child / young person presents with a Bladder and/or Bowel Problem Key nurse completes a Profile Form and General Continence Assessment Form Any underlying problems identified and addressed e.g. fluid and dietary intake, constipation, urinary tract infection. May require a referral to GP. Toilet readiness / training Toilet training not programme appropriate appropriate at this time Toilet training trial commences Supply with products as appropriate to need Supply with products as appropriate to need 6 monthly review 6 monthly review No progress Shows toilet readiness No progress Progress Continue with toilet training Provide ongoing advice and support Adjust any supplies previously provided Monitor until toilet trained and discharge If toilet readiness identified: Implement collaborative Toileting Programme with family (give health information and support) Assess for continence containment products, as appropriate, following guidelines Toileting Programme to be reviewed every two weeks by family If toilet readiness not identified: Implement care to ensure social continence . Assess for continence containment products, as appropriate, following guidelines

## **Supporting Health Information – Toilet Training**

## Websites:

• ERIC (Education and Resources for Improving Childhood Continence)

Tel: 0845 370 8008 http://www.eric.org.uk

- The National Autistic Society (2003) *Toilet training* Helpline Tel: 0845 070 4004 http://www.nas.org.uk/
- The Down's Syndrome Association Helpline Tel: 0845 230 0372 www.downssyndrome.org.uk

<b>Leaflets</b>	and	Books	:

Subject	Title	Source	Guidance for
			use
Learning		Synergy Healthcare	Helpful advice
Disability		Telephone: 0161 624 5641	for carers
	children with		about toilet
	learning		training
	disability		
Learning	Toileting	Frontline of learning disability	2 page article,
Disability	Children with	1	concise, well
	Learning	toiletingchildren.html	written
	Disability		
Toilet training		PromoCon	Multi-sensory
	Trousers		interactive
			storytelling
			resource to
			assist in the
			toilet training
			of teenagers
			with a learning
			difficulty
Autism	Toilet	ERIC	A
	Training for		comprehensive
	Individuals		guide for
	with Autism		parents and
	& Related		teachers
	Disorders		
	Toilet Training		2003
Delay	for Young	PDF <u>www.idsc.sa.gov.au/publications/data/</u>	
	Children with	pdfs/conf-paper-Toilet-Training.pdf	paper –Govt of
			S.Australia

	Developmental Delay		
Toilet Training	Understanding Children – Toilet Training		Easy to read 10 steps to toilet training plus other information
		Tele: 0161 624 5641	By June Rogers Story book and activity book
	Potty and Toilet training a helpful guide for parents	ERIC	For parents

All websites recommended have a HON (Health On the Net) code approval or other recognized web quality checks