#### **Ophthalmology**

## Day Surgery/ Local Anaesthetic Information

# NHS Lothian St John's Hospital



This leaflet has been prepared to give you some information about the day of your operation. Your operation will be performed under local anaesthetic.

#### What should I do on the day?

- Please have your breakfast as usual
- Take your medications as usual
- Bring with you any tablets, medicines or inhalers you may require during
- the day
- Wear loose-fitting clothing as we will be checking your blood pressure
- Please leave your valuables al home
- Avoid wearing make-up, jewellery and nail polish

#### On arrival at St John's please report to Outpatient Department 1

In the Department, the nurse will prepare you for your operation – this includes instillation of drops, checking of blood pressure and completion of your paperwork. If you have any questions, please do not hesitate to ask.

#### **Discharge**

You will be given a discharge pack containing your eye treatment, information leaflet and a form to take to your GP. It is advisable that you are accompanied home. It is advisable that a friend or relative is able to pick you up from the department.

### **Cancellation of surgery**

If you need to cancel your operation, please telephone in advance the number given at the bottom of your appointment letter.