

Carer Involvement

It is important that carers are involved and have information in place to support them in their role. This is a key part of the 5 Pillar Model of Support. Your Dementia Link worker will work closely with both you and your carer to achieve this.

How do we link with other services?

The Post Diagnostic Dementia Support Service has close links with NHS Community Mental Health Teams, Carers Of West Lothian, Alzheimer's Scotland, Social Work and other voluntary agencies.



**WEST LOTHIAN
OLDER PEOPLE'S COMMUNITY MENTAL
HEALTH TEAM
(Post Diagnostic Support Team)**

Dementia Link Worker

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Contact telephone number: 01506 524097

What can I expect from my Post Diagnostic Support?

A member of staff will contact you to arrange a home visit. You will have the opportunity to discuss your diagnosis and any questions you may have. You will be allocated a Dementia Link Worker who will provide support to you following your diagnosis.

Aim of Post Diagnostic Support

The role of the Dementia Link Worker is to provide support to people who have Dementia, their families and carers, who live in West Lothian. The aim is to provide this support using the 5 Pillar Model and to provide a support plan. This is a plan generated by the person, perhaps with the help of their carer and dementia link worker, including their choices for the future and their aspirations using a person-centred, outcome based approach.

5 Pillar Model of Support

Dementia Link Workers use a model, known as the 5 Pillar Model of Support to help you and your carer to achieve certain goals. It covers five key areas of support for people with Dementia, their families and carers. The five pillars are:

1. Support to understand the illness and manage symptoms.
2. Support to maintain and develop social networks.
3. Peer support.
4. Support to plan for future decision making.
5. Support to plan for future care.

Post Diagnostic Support Service

The service operates Monday to Friday, 08.30am-04.30pm excluding public holidays. The contact number on the front page has a voicemail service which is checked regularly for messages.

If no one is available to answer the telephone, please leave your name and contact number and someone will get back to you.