

Appendix 2:

Re-introducing milk after the 4 week trial (ONLY if suspected mild to moderate non-IgE mediated cows milk protein allergy)

After the appropriate trial, cow's milk should gradually be introduced into the diet again (either via breast milk with mother back on cow's milk or a suitable cow's milk based infant formula for non-breast fed children). Delay reintroduction if the infant is unwell or if eczema has flared up. No new foods should be introduced during the reintroduction

Breast fed

Reintroduction of cow's milk and milk containing foods into mother's diet over 1 week.

Formula fed

Reintroduction of cow's milk infant formula gradually over 1 week. See table below for reintroduction example.

Day 1	Into ONE morning bottle only , put 180ml (6oz) of previously boiled water, add 1 scoop of cow's milk infant formula and 5 scoops of hypoallergenic formula
Days 2 to 7	Into every bottle , continue to increase the cow's milk infant formula and reduce the hypoallergenic formula using the following example below

Days	Volume of boiled water (mL)	HypoallergenicFormula No. of Scoops	Cow's milk infant formula No. of Scoops
Day 2	180	5	1
Day 3	180	4	2
Day 4	180	3	3
Day 5	180	2	4
Day 6	180	1	5
Day 7	180	0	6

Make up each bottle of the day in exactly the same way