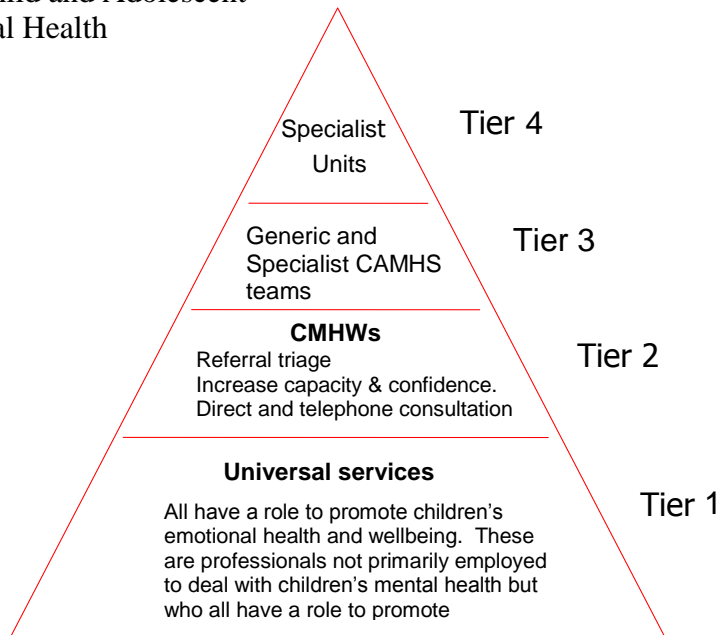


# CAMHS Tiered Model of Service

4 tiered model of provision  
for Child and Adolescent  
Mental Health



CAMHS operates within *Getting it right for every child* (GIRFEC) principles using a tiered model of intervention including the established staged approach. This ensures children receive both:

- a stepped care approach
  - as a problem becomes more severe in nature the type of help that is available becomes more specialised
- and a matched care approach
  - that there should be an accurate and properly informed match of need to provision at the earliest stage of a child or young person's presentation

**Tier 1:** Also referred to as “universal level” or (Level 1 of GIRFEC) the child's needs are addressed through normal classroom/ nursery management/by Public Health Nurse, School Nurse, Health Visitor, social worker. CAMHS has no direct involvement at Tier 1 but remains committed to building capacity and confidence within universal services via training.

**Tier 2:** Also referred to single agency (Level 2 of GIRFEC) concerns continue. My World Assessment undertaken in community and need/risk analysed. Other staff may be involved: child may be receiving some specific support. CMHW provide direct and telephone consultation. Training can also be offered.

**Tier 3:** Also referred to as single agency (Level 2 of GIRFEC) Concerns continue but targeted support is requested. Specialist CAMHS involved at this tier, where required (referral may have been recommended by CMHW consultation).

**Tier 4:** Also referred to as multi agency plan or Stage 4 intervention (Level 3 of GIRFEC). Significant support from one or more agencies is required and the child may require a Co-ordinated Support Plan (CSP). A small minority of children may enter at this tier if their mental health deteriorates and are likely to receive inpatient care & may also require a multi agency response. Generic and/or Specialist CAMHS teams are